OSHER LIFELONG LEARNING INSTITUTE



# SUMMER 2021 CATALOG

Keynote Speakers Short Courses Activities All offered online only

For those age 50 and better!

Live Inspired!

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# WHERE DO I START?



The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!



You can join OLLI anytime of the year. Memberships for spring and fall semesters are \$40 each, and the summer session is \$15. Membership fees are non-refundable and non-transferable.

Members Receive:

- Admission to all Keynote Speeches for the term of the membership
  Opportunity to register for OLL sources and adventures
- Opportunity to register for OLLI courses and adventures

# REGISTER FOR OLLI COURSES AND ACTIVITIES

• All of our summer offerings are online

- Courses and activities are open ONLY to OLLI members
- Enjoy a wide variety of interesting topics
- OLLI Courses and activities are self-supporting a minimum enrollment is required

- Course fees vary according to course length
- Registrations processed on a first-come, firstserved basis

# REGISTER ONLINE

• It's super quick and easy to register and pay online. No paperwork to complete or mailing to do – just register online, pay through the secure payment portal, and you'll be registered in a flash.

#### Register online at: www.fresnostate.edu/olli

• When you first use the online registration system, you will be prompted to provide information and you'll select a username and password. When you return to register in the future, all your information is already saved – just login and register!

• If you need help, please call 559.278.0008 and we will return your call to answer your questions.

#### NOTE:

You may register by mail; however, expect significant delays. Due to campus operations impacted by COVID-19, we only receive mail once a week.

You CANNOT visit campus to drop-off registration forms – our offices are CLOSED. We cannot accept any registrations by phone.



Zoom is the platform we use for our OLLI offerings.

It takes just a minute to get a FREE Zoom account. Please do not be intimidated: You can learn anything!

#### From your desktop or laptop computer:

• Go to **www.zoom.us** and click the blue box that says "sign up".

| Sign Up Free  |
|---|
| Your work email address   |
|   |
| Zoom is protected by reCAPTCHA and the Privacy Policy and Terms of Service apply. |
| Sign Up   |
| By signing up, I agree to the Privacy Policy and Terms of Service.                |

#### From your phone or tablet:

- Apple device (iPhone, iPad): Download Zoom from the Apple App store.
- Android device (phone or tablet that's not an Apple product):
- Download Zoom from the Google Play Store.To participate in live video, Zoom will use
- the camera on your device (phone, laptop, tablet) if it has one.
- If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.

**NOTE:** You do not need to upgrade or pay for your account to participate in the OLLI Zoom. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.

If you cannot log in to a video platform, you can listen to classes via telephone. The phone number to dial in to will be provided once you register.

# SHARE YOUR OLLI ENTHUSIASM

- Invite your friends and family to join OLLI
- Post about your OLLI classes on your social media channels
- Follow the Fresno State OLLI on Facebook at www.facebook.com/FresnoStateOLLI/

# **KEYNOTE SPEAKERS**



Dr. Rais Vohra



# Dr. Sukhjit Dhillon



Dr. John Zweifler

## Public Health Panel Covid in Fresno County

#### JUNE 17 | Thursday | 1 - 2:30 p.m.

Covid-19 launched a public health crisis that changed the world. This public health panel will reflect on the pandemic response and describe their work to protect and inform Fresno County residents.

Just months before the Covid crisis, Dr. Rais Vohra agreed to serve as Interim Health Officer for the Fresno County Department of Public Health (FCPH), on Ioan from Community Regional Medical Center where he worked in emergency medicine. He also serves as lead for the region's Poison Control Center, and is a professor of clinical medicine and pharmacy at UCSF Fresno.

Dr. Sukhjit Dhillon, an emergency medicine specialist (and Fresno State alum!) helped FCPH and Dr. Vorha by writing guidelines and protocols using Centers for Disease Control and Prevention recommendations.

Dr. John Zweifler serves as a Medical Consultant for FCPH and is a family physician with more than 30 years of experience in medical leadership and education, as well as clinical practice caring for rural and underserved populations.

# **KEYNOTE SPEAKERS**



Larry Parmeter

Yuri Gagarin The First Person in Space

JUNE 29 | Tuesday | 1 - 2:30 p.m.

More than 50 years after his tragic death, Yuri Gagarin, the first person in space, is still acclaimed throughout the world. Yet Gagarin's life is debated and controversial, from his childhood to his years with the Russian space program. This presentation will chronicle his early years; how he came to fly; Valentina Gagarina, the great love of his life; why he became the first man in space; what happened to him afterwards; and finally, his enduring legacy.



Dr. Kirstin Hendrickson

"Well, Actually..." The Problem with Internet Myth-Busting

JULY 14 | Wednesday | 1 - 2:30 p.m.

The Internet loves science...or at least what it perceives science to be. It also loves myth-busting. These characteristics produce a web culture that delights in taking a commonly held scientific belief and holding it up for criticism. However, many of the "corrections" keyboard warriors so delight in providing are, themselves, inaccurate. Science, after all, rarely speaks in absolutes. Here, we'll examine some science "myths" (the human tongue has taste zones, the Bernoulli Principle allows planes to fly), the claims by which they have been "debunked," and the scientific realities, to find the truth and examine the utility of "well, actually..." culture.

# **OLLI COURSES**

#### Technology for You - A Multi-Topic Session THURSDAY | June 24 1 - 2:30 p.m.



Talk to me about Podcasts: what, why, and how. What does Amazon Prime buy you (you'll be surprised)? You'll learn about some free Google tools that are not "search" related. Join Kevin to get your "geek" on. Simple English descriptions and discussion of cool tech stuff for tech you can use!

#### Talk About What's Happening MONDAY | June 28 10 - 11:30 a.m.



#### Presenter: Lanny Larson

Last summer, news was dominated by Covid, presidential politics and racial issues. They're all back this summer, but we can add California politics, drought and who knows what by the time we renew



our OLLI current events conversation, guided by retired print, wire service and broadcast journalist Lanny Larson.

#### Operation Freedom - The Berlin Airlift WEDNESDAY | June 30 2 - 3:30 p.m.



It was perhaps one of the greatest adventures in American military history: the Berlin airlift of 1948-49! When Soviet troops closed all access routes to West Berlin by land, sea, and rail, thus threatening the lives of



2.5 million people and provoking the first major international crisis of the Cold War, American General Lucius D. Clay did not hesitate and proceeded to build a bold and fantastic bridge across the sky, involving 700 planes and 250 000 flights over a period of 14 months! Join German Historian Anette Isaacs for a fascinating discussion of this exciting time in her country's postwar history.

#### History of Sicily THURSDAYS | July 1, 8, 15, 22 1 - 2:30 p.m.

#### Presenter: Dr. Douglas Kenning

Sicily was the most mythic, mistreated, and monster-plagued place in the Mediterranean. Twice Sicily has enjoyed a Golden Age when she was a pivot of western civilization, only to be exploited and left desolate. Hers is a tragic epic populated with heroes from Ulysses to Archimedes to Garibaldi, and monsters from Cyclops to Hades to Mafia bosses. On the wings of her stories, and images of her art and land, we will travel her 3000 years. Douglas Kenning, Ph.D., lives half of each year in Sicily, where he runs a small tour business, and half in the San Francisco Bay Area, giving lecture series on subjects related to the histories and cultures of Mediterranean peoples.

# **OLLI COURSES**

#### Literary Giants of the 19th Century WEDNESDAYS | July 7, 14 10 - 11:30 a.m.



#### Presenter: Gary Walker

This course looks at each author's respective environments, motivations, early and later works, and the extent to which their reputations increased or lessened over time. Two of the writers examined were women and three were an important



part of a golden age of literature which flourished during the nineteenth century in Europe. Class two highlights three Americans who helped inaugurate our own increasing significance of great literature on the world stage. In the end, all six authors struggled with one issue or another, proving once again that genius in any field is never easy.

#### Ode to Beethoven

TUESDAY | July 20 2 - 3:30 p.m.



#### Presenter: Anette Isaacs

Music lovers all over the world are currently enjoying the "Beethoven year" which marks the legendary composer's 250th birthday. To this day, German born Ludwig van Beethoven is the most listened to creator of classical music. Join German Historian Anette Isaacs for an intimate look at the life and times of this tragic genius who was as famous for his fiery personality as for his divine ability to turn his personal struggles into supreme and powerful melodies.

#### Science in Shakespeare's World WEDNESDAY | July 21 10 - 11:30 a.m.



Shakespeare lived during the Scientific Revolution, during which scientific understanding was evolving rapidly. For the first time, academics were writing in English rather than Latin, which made these revolutionary discoveries available



to the average educated individual, Shakespeare among them. From praise for Galileo hidden in "Cymbeline" to the possibility that one of his plays is written as an allegory for the move toward heliocentrism, Shakespeare's writing is full of evidence that he was a science enthusiast.

#### The Historical King Arthur WEDNESDAY | July 21 12 - 1:30 p.m.

#### Presenter: Dr. Diane Facinelli

What is the historical and/or pseudo-historical basis for the legend of King Arthur? Was he an actual person? Was he a king? Was he a composite of several leaders? When did his legend begin, and what might be some





reasons behind its development? We will look at the evidence – historical, archeological, and literary – for the birth, growth, and significance of the legend of King Arthur and his court at Camelot.

# **OLLI COURSES**

#### Armchair Traveler: St. Petersburg WEDNESDAYS | July 28, August 4, 11 1 - 2:30 p.m.



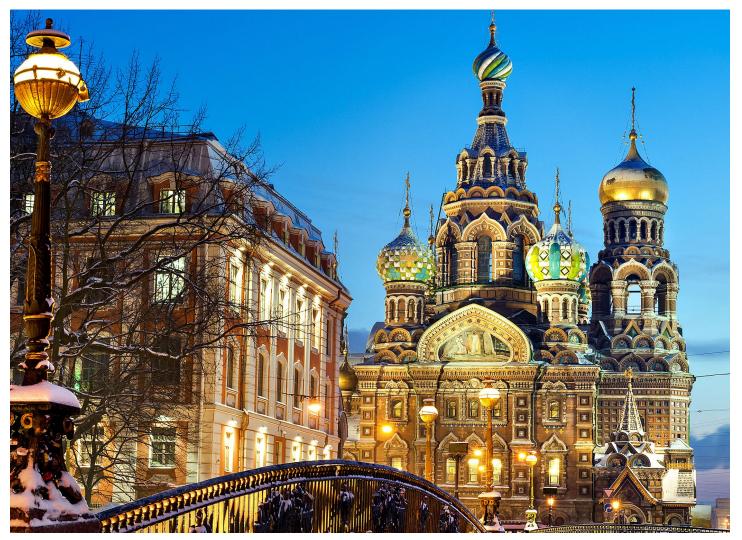
#### Presenter: Dr. Asya Pereltsvaig

St. Petersburg is Russia's second-largest city, its cultural heart and Dr. Asya Pereltsvaig's hometown. For almost 200 years, it served as Russia's capital: the reforms of Peter the Great; the 1825 Decembrist revolt; the Bolshevik Revolution; and the 900-day-long siege during World War II played out on the city's stage. Splendid architectural gems make St. Petersburg a veritable open-air museum. Asya earned her Ph.D. in Linguistics at McGill University and has been teaching about language, linguistics, history, and Russia in adult education programs. She is the author of five scholarly books and 55 scientific articles in linguistics.

#### The Rise and Fall of the Berlin Wall TUESDAY | August 10 2 - 3:30 p.m.

#### Presenter: Anette Isaacs

With the rise of the Berlin Wall 60 years ago this August, the course of Germany's and especially of Berlin's history took a tragic turn. It would take 28 years for this cruel and inhuman symbol of Germany's division to come down, thus giving birth to yet another period in this European nation's remarkable evolution. Join German Historian and ex-Berliner Anette Isaacs, M.A., as she presents you with a historical and political overview of this painful but also almost miraculous period in Berlin's captivating history.



# ACTIVITIES

## **New York Historical Society**

#### Bob Hope and WWII: So Ready for Laughter

#### JUNE 28 | Monday | 1 - 2 p.m.

Price: \$10 per person

Celebrate legendary performer Bob Hope's unique role entertaining troops overseas during World War II and the 80th anniversary of the founding of the United Service Organizations (USO). Organized by the National WWII Museum in New Orleans and supported by the Bob & Dolores Hope Foundation, this captivating, nostalgic exhibition features approximately 50 artifacts, including rare and unpublished photographs of Hope; a World War II-era aircraft fragment, mess kit, and other relics; and videos of his traveling wartime troupe.



## **Cooking Courses with Hillori Hansen**

#### **Grill Gone Wild**

#### JULY 15 | Thursday | 10 - 11:30 a.m.

Price: \$10 per person

- ▶ Grilled Halloumi with Charred Plum Relish
- Grilled Oregano and Red Wine Chicken
  Skewers with Greek Chop Salad
- Grilled Summer Fruit with Labneh, Pistachio and Honey





#### Fruit Filled Summer Desserts

#### JULY 22 | Thursday | 10 - 11:30 a.m.

Price: \$10 per person

- Island Summer Lava Flow
- Chocolate Cherry Ice Cream (dairy-free, and sugar free options)
- Peach Galette with Lemon Sweetened Crème Fraiche (gluten free option)



#### Keynotes Courses Activities

### **JUNE 2021**

| MONDAY  | TUESDAY                           | WEDNESDAY                              | THURSDAY                                 | FRIDAY |
|---|-----------------------------------|--|--|--------|
| 14  | 15                                | 16                                     | <b>17</b><br>1 PM<br>Public Health Panel | 18     |
| 21  | 22                                | 23                                     | 24<br>1 PM<br>Technology for You         | 25     |
| 28<br>10 AM<br>What's Happening<br>1 PM<br>New York Historical<br>Society - Bob Hope WWII | <b>29</b><br>1 PM<br>Yuri Gagarin | <b>30</b><br>2 PM<br>Operation Freedom |  |        |



As a proud sponsor of the **OSHER LIFELONG LEARNING PROGRAM**, we believe in the power of engaging the mind, energizing the body and enlivening the spirit.

At The Windham, you'll discover an intentional community of like-minded peers living fulfilling lives during retirement. Located in one of the most desirable neighborhoods in Fresno, The Windham takes a holistic approach to lifestyle, health and wellness with supportive services that enrich, encourage and enhance life.

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OLLI Summer 2021

#### Keynotes Courses Activities

### JULY 2021

| MONDAY | TUESDAY                        | WEDNESDAY  | THURSDAY  | FRIDAY |
|--------|--------------------------------|--|---|--------|
|        |                                |  | 1<br>1 PM<br>History of Sicily                                    | 2      |
| 5      | 6                              | 7<br>10 AM<br>Literary Giants of the<br>19th Century                                   | 8<br>1 PM<br>History of Sicily                                    | 9      |
| 12     | 13                             | 14<br>10 AM<br>Literary Giants of the<br>19th Century<br>1 PM<br>Internet Myth Busting | <b>15</b><br>10 AM<br>Grill Gone Wild<br>1 PM - History of Sicily | 16     |
| 19     | 20<br>2 PM<br>Ode to Beethoven | 21<br>10 AM<br>Science in Shakespeare<br>12 PM<br>Historical King Arthur               | 22<br>10 AM<br>Fruit Filled Desserts<br>1 PM - History of Sicily  | 23     |
| 26     | 27                             | 28<br>1 PM<br>St. Petersberg   | 29  | 30     |

#### Keynotes Courses Activities

### **AUGUST 2021**

| MONDAY | TUESDAY                   | WEDNESDAY                    | THURSDAY | FRIDAY |
|--------|---------------------------|------------------------------|----------|--------|
| 2      | 3                         | 4<br>1 PM<br>St. Petersberg  | 5        | 6      |
| 9      | 10<br>2 PM<br>Berlin Wall | 11<br>1 PM<br>St. Petersberg | 12       | 13     |



### Celebrating and honoring those in their second half of life who exemplify positive aging and make our region a better place

We encourage your nominations of people age 50 and better!

Three honorees will be recognized in each category:

Advocacy+Activism Community Service Defining Inspiration Intergenerational Impact Lifelong Learning This awards program is presented by the Osher Lifelong Learning Institute (OLLI) at Fresno State.

We offer outstanding learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation.

#### It's easy to nominate someone online!

Visit www.fresnostate.edu/olli to learn more and make nominations

Deadline for nominations: October 15, 2021



#### **Presenting Sponsor**



OLLI Summer 2021



## OLLI Registration Form SUMMER 2021

New MemberReturning Member

Register online at: www.fresnostate.edu/olli You may register by mail; however, expect significant delays. You CANNOT visit campus to drop off registration forms – our offices are CLOSED. We cannot accept registrations by phone. NOTE: All of our Summer 2021 offerings are online only.

#### **Member Information**

| Name(s)   |   |  |
|---|---|--|
| Mailing Address   |   |  |
| City State  | Zip   |  |
| Email Address   |   |  |
| Phone Cell F  | hone  |  |
| Prior or Current Occupation   |   |  |
| Are you a Fresno State Alumna/us? 🛛 Yes 🗖 No 🛛 Ye   | ar of graduation Degree   |  |
| Your Age Group □ 50-60 □ 61-70 □ 71-80  | □ 81-90 □ 90+ □ Other   |  |
| How did you hear about the Fresno State OLLI?   |   |  |
| □ Previously a member □ Friend □ Newspaper  | 🗆 Catalog 🗖 Online 🗖 Other:   |  |
|   |   |  |
| SUMMER 2021 Selections  |   |  |
| Membership Fee \$15x \$15\$Total for OLLI Courses (from side 2)\$Total for Activities (from side 2)\$Any Additional Gift to OLLI\$TOTAL DUE\$ | OLLI Members and friends of the Osher<br>Institute are encouraged to consider making<br>a tax deductible gift to the Osher Lifelong<br>Learning Institute. Yours is a gift of learning<br>that helps us continue to provide excellent<br>lifelong learning opportunities and to keep<br>OLLI fees affordable. |  |
| PAYMENT   |   |  |
| We accept checks or money orders made payable to <b>FRESNO STATE FOUNDATION.</b>  | <b>Credit Cards:</b> If you are paying by credit card, please complete the form below. This information will be destroyed after registration is processed.  |  |
| We cannot accept any registrations by phone.  |   |  |
| Please return this form and payment to:   | Card Type 🗆 Visa 🗖 MasterCard 🗖 AmEx  |  |
| Fresno State OLLI<br>5005 N. Maple Avenue M/S ED76  | Name on card  |  |
| Fresno, CA 93740-8025   | Card Number   |  |
| NOTE: Please see note at top of page about registering by mail.   | Expiration Date Security Code   |  |
|   |   |  |

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## OLLI Courses

**Ses** > Available only to current members

| Select | Start | Course                               | Fee  | Total |
|--------|-------|--------------------------------------|------|-------|
|        | 6/24  | Technology for You                   | \$10 |       |
|        | 6/28  | What's Happening                     | \$10 |       |
|        | 6/30  | Operation Freedom                    | \$10 |       |
|        | 7/1   | History of Sicily                    | \$40 |       |
|        | 7/7   | Literary Giants of the 19th Century  | \$20 |       |
|        | 7/20  | Ode to Beethoven                     | \$10 |       |
|        | 7/21  | Historical King Arthur               | \$10 |       |
|        | 7/21  | Science in Shakespeare's World       | \$10 |       |
|        | 7/28  | St. Petersburg                       | \$30 |       |
|        | 8/10  | The Rise and Fall of the Berlin Wall | \$10 |       |

## Activities

Available only to current members

| Date  | Activity  |
|-------|---|
| 6 100 | New York Historical Society:                        |
| 6/28  | Bob Hope WWII<br>\$10 Member \$ Total               |
|       | Cooking Courses:                                    |
| 7/15  | Grill Gone Wild<br>\$10 Member \$ Total             |
| 7/22  | Fruit Filled Summer Deserts<br>\$10 Member \$ Total |

#### TOTAL: COURSES

TOTAL: ACTIVITIES

By participating in online OLLI offerings, when you register you agree that you grant permission for your name and likeness to be visible to OLLI staff, other members and the instructor - just like when you attend offerings in person.

#### Land Acknowledgement Statement

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The Fresno State campus sits in the midst of the San Joaquin Valley, a valley rich in the traditions and representation of Native American peoples and cultures. We are grateful to be in the traditional homelands of the Yokuts and Mono peoples, whose diverse tribal communities share stewardship over this land.

## **OLLI Advisory Council**

Nancy Busch Dawn Diestelkamp Alcidia Freitas Gomes Nancy Kast Lanny Larson Judy MacDonald MaryEllen Ogle Lois Rigsbee Valerie Vuicich Jim Wilson

Scott Moore, PhD Dean, Continuing and Global Education

Jill Wagner, APR Executive Director

Deni Dukic, MBA Program Manager

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