

OSHER
LIFELONG
LEARNING
INSTITUTE

SPRING 2018 CATALOG



FRESNO
STATE

Continuing and Global
Education

For those age 50 and better!

- * **University-level Courses**
- * **Fascinating Keynote Speakers**
- * **Field Trips**
- * **Book Club**
- * **Hands-on Experiences**



Nationally renowned thought leader

Dr. Bill Thomas
"Changing Aging"
April 11

Live Inspired!

Presented by



Central Valley
COMMUNITY
FOUNDATION



Live Inspired!

The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!

Membership Information

At Fresno State's OLLI, you choose how involved you wish to be, depending on your availability and interests.

General Sessions and Short Courses are open ONLY to OLLI members. Seating is limited for some events so be sure to return your registration as soon as possible. Non-members may attend Field Trips by paying the non-member registration fees for those individual trips (see details under Field Trip listings in this catalog).

Membership fees are non-refundable and non-transferable. Members who must cancel their Field Trips or Short Courses will be refunded only if their space can be filled.

You will receive a confirmation letter once we receive your registration and payment. We cannot hold space without a paid registration.

Parking

OLLI incurs a parking charge; however, we do not to pass this expense on to you. Members may request a parking permit by checking the option on the registration form. If you request a permit, parking details will be mailed to you. We respectfully ask that you request a permit only if necessary. If there are multiple OLLI members in your household or social group, please consider carpooling to events. Your consideration maintains OLLI's ability to offer quality programs at an affordable price.

OLLI is not responsible for lost or stolen parking permits nor for parking citations received by those not in compliance with campus parking regulations. We charge \$15 to replace lost parking passes which must be picked up in the OLLI office.

Keep in mind that Fresno State's student population is growing and it may take a bit of time to find a parking spot. Allow yourself enough time to park and walk to the venue.

If you need a disability-related accommodation or wheelchair access information, please contact the OLLI office at 559.278.0008 or send us an email at osher@csufresno.edu. Requests must be made at least one week in advance of the event.



General Membership

\$40 Per Person

- Admission to all scheduled General Sessions during the semester.
- Opportunity to register for Short Courses, Field Trips & Hands-on Experiences as outlined on the schedule.
- Optional on-campus parking during all General Session events and Short Courses.
- Privileges to use and check out materials at the Henry Madden Library.
- OLLI activity announcements about Fresno State events via email.

Short Courses

Fee Varies

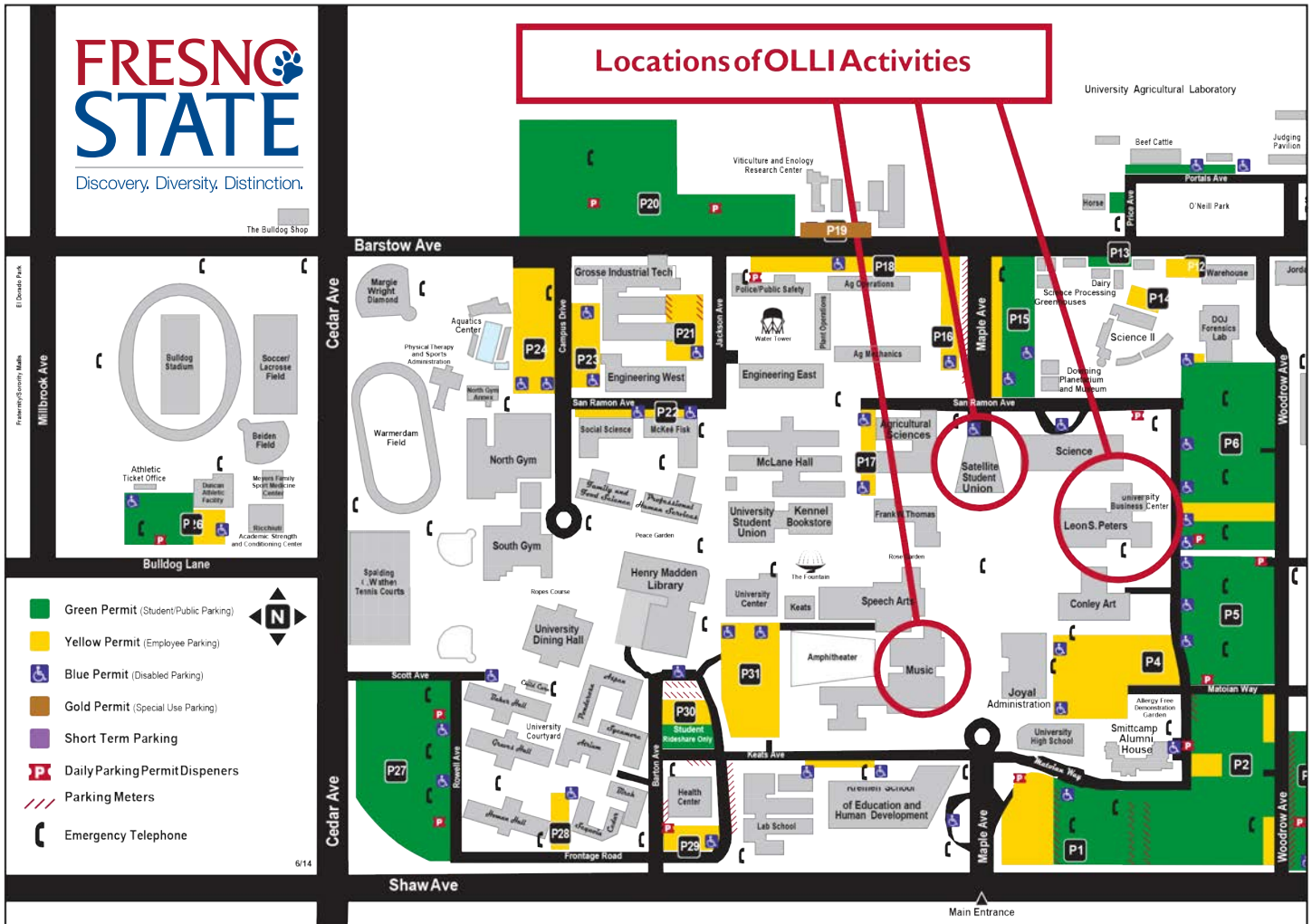
- Open only to OLLI members.
- Enjoy a wide variety of interesting topics.
- Registration is processed on a first-come, first-served basis.
- Short courses are self-supporting. A minimum enrollment is required or courses may be cancelled.

Field Trips

Fee Varies

- Open to members and non-members. Members get a lower price.
- Registration is processed on a first-come, first-served basis.
- Field trips are self-supporting. A minimum enrollment is required or trips may be cancelled.
- Consumption of alcoholic beverages is not permitted in vehicles operated or provided by OLLI.
- **Caregivers for members MUST pay for field trip participation.**

Locations of OLLI Activities at Fresno State



Osher Lifelong Learning Institute

5245 N. Backer Avenue, M/S PB5 Fresno, CA 93740

559.278.0008 Email osher@csufresno.edu

www.FresnoState.edu/olli

Disabled Parking: Fresno State parking lots have clearly designated parking spaces for the disabled.

A valid DMV placard or disabled license plate, **as well as a campus parking permit, is required to be displayed.**

The Osher Lifelong Learning Institute is not responsible for parking violations.

OLLI Advisory Council

- | | |
|-----------------------|-----------------|
| Nancy Busch | Judy MacDonald |
| Leticia Reyna Cano | MaryEllen Ogle |
| Kay Davies | Lois Rigsbee |
| Dawn Diestelkamp | Valerie Vuicich |
| Alcidia Freitas Gomes | Jim Wilson |
| Lanny Larson | |

Scott Moore, PhD
Dean, Continuing and Global Education

Jill Wagner, APR
Executive Director

Please note: Should you register for a specialized class, you should have access to the materials/equipment needed for the class. Examples: If you register for an iPhone class, you should have an iPhone to learn on; if you register for a digital photography class, you should have access to a digital camera.

Classroom Temperature: The temperatures in rooms of OLLI classes may vary and we often don't have local control of the thermostats. If you are sensitive to ranging temperatures, we suggest you dress in layers so you can make adjustments to ensure personal comfort.

General Session Descriptions

FEBRUARY

27

Tuesday



1 - 2:30 pm Satellite Student Union

A Journalist's Reflections: What I've Learned in Four Decades in the News Business

Jim Boren

Jim Boren retired this year as executive editor and senior vice president of the Fresno Bee after spending 48 years in journalism at the newspaper. He began working at The Bee as a Fresno State student. He then became a vacation relief reporter and later a sports reporter and a general-assignment news reporter before settling in as The Bee's political reporter from 1980-95. He was the editorial page editor for 17 years before becoming executive editor in December 2012.

SPECIAL TIME
1 PM

MARCH

6

Tuesday



3 - 4:30 pm Satellite Student Union

Transforming A Region

Ashley Swearengin

As the fastest growing region in California, the Central Valley is experiencing new challenges and opportunities every day. To transform our region, we need innovative programs and strategic partnerships in education, jobs, neighborhoods, and the environment. Many exciting projects are already underway with impressive results. Ashley Swearengin, former Fresno Mayor and current CEO at the Central Valley Community Foundation, provides an overview of civic improvements from the last 20 years and paints a picture of what's needed for the next decade.

Presented by:



www.windhamseniorliving.com

MARCH

19

Monday



3 - 4:30 pm Satellite Student Union

Making the World a Better Place - Utopia as a Verb

Dr. Hillary Jones

How can we find utopia? What does it look like? What if we do not all share the same vision of the perfect place? Can utopia help us to make the world a better place without having to leave our current (imperfect) place? Viewing utopia as a verb, rather than a noun could cause you to explore and learn, considering new philosophies and theories. A simple shift in perspective could go a long way to make the world a better place.

Live Inspired!

APRIL

11

Wednesday

3 - 4:30 pm Satellite Student Union

Changing Aging

Dr. Bill Thomas

NO GUEST PASSES FOR THIS LECTURE

What if everything you believed about aging is wrong? Dr. Bill Thomas is one of the nation's most innovative thinkers and entrepreneurs who happens to challenge assumptions about aging. A graduate of Harvard Medical School, he's leading efforts to educate society that later life is about growth and development, not decline.



His synthesis of imagination and action led the Wall Street Journal to highlight Dr. Thomas as one of the nation's "top 10 innovators" changing the future of retirement in America and US News and World Report to name him as one of "America's best leaders." He's developed health care innovations to revolutionize how elders are served and founded changingaging.org, a network to inspire personal growth and social change.

Dr. Thomas' books include:

Principia Senescentis

Second Wind: Navigating the Passage to a Slower, Deeper and More Connected Life

Tribes of Eden

What Are Old People For?

How Elders Will Save the World

Dr. Thomas travels the nation with his inspiring message of changing aging.

Join us for a life-changing talk that will boost your efforts to live inspired.

APRIL

18

Wednesday

3- 4:30 pm Satellite Student Union

Mathematics: An Art and a Science

Dr. Carmen Caprau

There is beauty in a mathematical method, in results, and in experience. Mathematics allows as much freedom of expression as poetry, art, or music. Mathematics is a system of knowledge about numbers, structure, shapes, and change. It is a beautiful blend of what and why. Mathematics is the art of reasoning. Come learn what mathematicians do and gain a fresh perspective of mathematics and an awareness of its beauty.



Short Course Descriptions

February
1, 8, 15, 22
THURSDAYS

\$35

2 - 3:30 pm PB191
Valuing the Local Arts Donald Munro

Join independent arts journalist Donald Munro for an overview of the central San Joaquin Valley arts scene. Classes will touch on such major institutions as the Fresno Philharmonic, the Fresno Art Museum and Good Company Players. You'll also learn about hidden gems in theater, visual art and classical music both inside and outside the Fresno-Clovis area. Special guests will include arts professionals talking about their work. Munro spent more than 25 years at The Fresno Bee and now he writes for his own site, www.munroreview.com.

February
1, 8, 15, 22
THURSDAYS

\$35

10:30 am - 12 pm PB191
Classical Philosophical Texts of India Dr. Ann Berliner and Dr. Satish Chandra

In the global discussion of philosophy, India occupies a unique place, having the oldest pieces of philosophical thought that are available to us today. These early texts examine the nature of the individual and of the cosmos as a whole. When these manuscripts first became available to the West in the 19th century, the Oxford professor and philologist, Max Mueller said, "If I were asked under what sky the human mind has most fully developed some of its choicest gifts, has most deeply pondered on the greatest problems of life, and has found solutions, I should point to India." In this course we will examine ideas that have been handed down from antiquity and see why India is considered a jewel in the crown of philosophical expression.

February
2
FRIDAY

\$10

1 - 3 pm PB192
Online Music Cristian Juarez

Your mood. Your activities. Your tastes. Music that gets you. Come and find new ways of listening to music including Amazon Music, Pandora, Spotify and find out how you can bring music with you everywhere you go. **If you have a handheld device (smart phone, tablet, iPad) bring it for maximum benefit.**

February **March**
5, 12, 26 5, 12, 19
MONDAYS

\$55

10 - 11:30 am PB194
Poetry: Develop Your Voice Sally Vogl

Only you can write poems that reflect your experiences and perspectives. In this class, we will read published poems, and write and share our own poems in a safe and supportive group, helping each other make new discoveries in our work. Hear what your poems touch in others. We will learn more about forms: full verse, blank verse and free verse, and learn other poetic devices to make our poems memorable. This class is for both new and returning students.

February

5, 12, 26

MONDAYS

\$25

1 - 2:30 pm PB191

Qigong for Mind, Body, and Spirit

Aaron Drake

Qigong is the combination of breath, movement, and meditation. This course will cover simple yet effective techniques to fortify and maintain overall health, balance, and connection with Spirit. You'll learn basic Qigong movements like the 'Three Jewels', a kidney cleanse, and breathing techniques. You'll also learn a relaxing Taoist style meditation that moves Qi within your body and how to meditate while practicing the Qigong movements. No experience is required.

February

6, 13, 20, 27

TUESDAYS

\$35

2:30 - 4 pm PB191

Architecture, Ethnicity & Historic Landscapes of California's San Joaquin Valley

Karana Hattersley-Drayton

Learn about the settlement history of the San Joaquin Valley and its architectural heritage, with a particular emphasis on the Fresno area. Illustrated lectures will include the colony system, adobe construction, local architects, building types, and historic preservation. Karana Hattersley-Drayton (M.A.) completed her undergraduate and graduate work at U.C. Berkeley. She is the former Historic Preservation Project Manager for the City of Fresno.

February

7, 14, 28

WEDNESDAYS

\$25

10 - 11:30 am PB191

Current Events Discussion

Dr. Thomas Holyoke

We will review and discuss topics of today with the goal of growing our understanding of major issues. Our topics will include: California water; the influence of money in politics; the possibility of third parties emerging; and the role of the US in a changing world.

February

13, 20, 27

TUESDAYS

\$35

March

6

10:30 am - 12 pm PB191

Astronomy Behind the Headlines

Larry Parmeter

Why was Pluto kicked out of the planetary club? Who names the moons, planets and stars? How do scientists know the distance to remote galaxies? Exactly what are gravity waves? No scary mathematics; no complicated explanations. Instead, understandable answers to these questions and many more concerning findings and objects in astronomy.

February

16

FRIDAY

\$10

1 - 3 pm PB192

Uber & Lyft

Cristian Juarez

It's almost like having a chauffeur! Hire a private driver to pick you up and take you to your destination at a very reasonable rate with the tap of a button on your phone. The nearest driver is often at your pickup location within minutes. **You must install the free Uber and Lyft apps onto your phone, and create an account for yourself before the class. Get them online from the iTunes store, Google Play or other application provider.**

February

23

FRIDAY

\$10

1 - 3 pm PB192

Netflix, YouTube TV & Hulu

Cristian Juarez

Why give cable companies hundreds of dollars when the future is here? Netflix is the world's leading subscription service for watching TV episodes and movies on your TV, mobile or tablet device. Join us to discover how to stay updated on your favorite shows and more. Hulu Live TV and YouTube TV allow you to watch Live and On Demand TV from 50+ top channels. Stream full seasons of exclusive series, hit movies, and current episodes with no hidden fees, equipment rentals, or installation appointments. **For a better experience, please bring your hand held device and establish your Netflix and YouTube TV account(s) before the session.**

February

28

March

14, 21, 28

WEDNESDAYS

\$35

2 - 3:30 pm PB191

The Philosophy of War and Peace

Dr. Andy Fiala

This course will look at justifications of war and hope for peace. We will consider the just war tradition, realism, as well as pacifism and nonviolence. We will discuss war crimes, international law, and specific wars. And we will discuss prospects and hopes for a more peaceful world.

March

1, 8, 15, 22

THURSDAYS

\$35

10:30 am - 12 pm PB192

Renaissance Florence

Gina Strumwasser

The art of Florence is as profound as it is exceptional. Invigorated by the developments of the painter Masaccio, the sculptor Donatello and the architect Brunelleschi, Florence became a model of artistic exploration during the 15th century. The revival of classical sources, discovery of scientific perspective and evolution of a noble human form describe the contribution of this Early Renaissance period. Similar to their Gothic counterparts, the Florentine artists experienced no rivals. Later, High Renaissance painters and sculptors of the 16th century, which include Leonardo, Michelangelo and Raphael, profited from the overwhelming achievements of Renaissance Florence. Their Florentine exposure provided a foundation for the High Renaissance throughout Italy. The class will be divided into two semesters - Spring 2018, Renaissance Florence Part I (15th century) and Fall 2018, Renaissance Florence Part II (16th century).

March

9

FRIDAY

\$10

1-3 pm PB192

Amazon, Amazon Prime & Audible

Cristian Juarez

Come and discover all the great things you have access to by using the Amazon App or website and learn how to do all your shopping in one place. You will also learn all about the digital content that comes with the Amazon Prime membership and learn about Audible - the go-to place for audio books, magazines and newspapers. **If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.**

March

1, 8, 15, 29

THURSDAYS

\$35

1:30 - 3 pm PB191

Understanding the Reformation: Its Strengths, Weaknesses, and Impact

Dr. Allen Carden

The Protestant Reformation of the 16th Century created threats to the established ecclesiastical, political, and social order of Western Europe, and at the same time launched opportunities for needed reforms within the Roman Catholic Church and helped move the Western world in the direction of modernization and greater human freedom. The lenses through which the Reformation will be analyzed will be primarily historical and non-sectarian in nature. Join historian Allen Carden, Ph.D. as we look at the leaders, issues, and impact of this revolution in religious perspective launched some 500 years ago.

March

6, 13, 20

TUESDAYS

\$25

1:30 - 3 pm PB191

The Islamic World: 7th Century to Today

Dr. Elizabeth Manak

Islam began in the 7th century and by 1500 had spread throughout the ancient world. This series will seek explain the explosive spread of Islam, the unparalleled knowledge and artistry it brought, and the changes that it made when confronted by rapidly advancing West Imperial powers. Dr. Manak earned her PhD in History and spent 30+ years with the Central Intelligence Agency, in a variety of positions both in the US and abroad.

March

12

MONDAY

\$15

1:30 - 3 pm PB191

A Musical Tour of Ireland with Celtic Band Pipe on the Hob

Karana Hattersley - Drayton

Everyone is Irish-at-heart around St. Patrick's Day. Karana Hattersley-Drayton, lead vocalist and architectural historian, is joined by bandmates from Pipe on the Hob for an illustrated overview of the music, cultural history and architecture of Ireland. Come enjoy beautiful imagery, bright music and a warm atmosphere to get your St. Patrick's celebration off to a great start!

March

16, 23

FRIDAYS

\$20

10 - 11:30 am PB191

Tuning Into the Power of Your Intuition

Claudette Hayes

We all have powerful instincts from birth. With the abundance of information out there, we sometimes forget our greatest resource comes from within. Join Claudette Hayes, a Certified Inspirational Coach and Heal Your Life Teacher, for a journey into trusting your gut. Following your intuition is a wonderful way to cultivate happiness. Let us connect with the great source of guidance within us. This class will cover practical ways to trust in your inner compass.

March
13, 20

April
3, 10

10 - 11:30 am PB191

18th-Century European Art: From Rococo to Neoclassicism

Susana Sosa

This course will provide an overview of 18th-century art, architecture and design beginning with the sensuously decorative Rococo style which flourished in the first part of the century. We will trace changing artistic styles and subject matter as artists responded to new aesthetic theories and the influence of Enlightenment philosophy. Course content will link to an upcoming exhibition at the San Francisco DeYoung Museum on 18th-century art entitled Casanova: the Seduction of Europe.

\$35

TUESDAYS

March
23

1 - 3 pm PB192

Facebook

Cristian Juarez

Find friends and family and see what they're up to, build your network and learn the newest Facebook lingo. The class will teach you how to post your status, tag photos, and sort your news feed and essentials such as privacy and hiding unwanted updates. If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit. **For a better experience, please have your account(s) established before the session, as that will not be covered.**

\$10

FRIDAY

March
28 & 29

Wed: 10 - 11:30 am PB191

Thurs: 10 am - 12 pm Fresno State Nursery

Fresno State Horticulture: We're Growing! Lecture and Tour

Calliope Correia

The Fresno State Horticulture unit grows a wide variety of plants, most of which are grown by students. Learn about what we do, how we do it and most importantly, why we do it! Learn about seeds and starts to the end product.

Day 2 - Tour of the Horticulture unit. We are home to 8 greenhouses, a beautiful courtyard, certified organic herb garden, cut flower field and a full production lathe house. You will get a guided tour and have an opportunity to buy plants! **(Please wear appropriate shoes for walking on a variety of surfaces.) *Tour is not wheelchair nor handicapped accessible. Be sure to complete and submit the liability form on page 20.**

\$20

WED & THURS

April

2, 9, 16, 23

MONDAYS

\$35

10 - 11:30 am PB191

The Ideology and History of Global Fascism

Dr. Bradley Hart

What was fascism? Why did it spread so widely and exact such a terrible human toll? This course examines the ideology, spread and collapse of fascism before World War II. Nazi Germany, Mussolini's Italy and Francoist Spain will be discussed, along with fascist movements in other countries including the United States.

April

3, 10, 17, 24

TUESDAYS

\$35

2 - 3:30 pm PB191

Focus on Theater

Donald Munro

Have you always wanted to be a theater critic? Or just love talking about plays and musicals after you see them? Join independent arts journalist Donald Munro for an intensive look at the central San Joaquin Valley theater scene and beyond. Classes will include the inside story on theater reviews, special guests, an in-depth look at Good Company Players, and an overview of the current Broadway scene in New York. Class members will be encouraged to attend the StageWorks Fresno production of The Fantasticks, which we will both preview and talk about afterward.

April

5, 12, 19

THURSDAYS

\$25

10:30 am - 12 pm PB191

Filming the 60s: Hollywood's Reaction to a Changing America

Paul Kaser

We'll review films of the decade from the earlier traditional genres to later independent & studio films purporting to reflect the values of a new generation.

April

5, 12, 19

THURSDAYS

\$25

3:30 - 4:30 pm PB191

Nutrition and Label Reading

Dr. Lisa Herzig

During this lecture series, we will dissect the Nutrition Facts Label to help you figure out the right combination of nutrients in the foods you buy such as protein, carbohydrates, fats, vitamins and more. This information will benefit individuals who wish to learn more about ingredients and "best choices" for optimal health and well-being.

April

19

THURSDAY

\$10

2 - 4 pm PB192

Keeping Life FUN!

Dianne Callahan and Jill Wagner

Remember when you were a kid and pretty much everything you did was fun? We played and explored and laughed every day. Sometimes, as we get older, we feel that time for fun and play is over. Not true! We may change our definition of what's fun or what we are physically capable of doing, but we must NEVER stop looking for the fun in life! In this workshop, we'll talk about how we can do this.

Book Club

9:30 - 11 am
FRIDAYS

\$10 FOR ALL 4 SESSIONS

Presenter: Kay Davies

February	March	April	May
2	2	6	11
PB194	PB286	PB286	PB194

Friday
February 2
PB194

The Girls of Atomic City by Denise Kiernan

At the height of World War II, Oak Ridge, Tennessee, was home to 75,000 residents, and consumed more electricity than New York City, yet it was shrouded in such secrecy that it did not appear on any map. Thousands of civilians, many of them young women from small towns across the U.S., were recruited to this secret city, enticed by the promise of solid wages and war-ending work. The purpose of this mysterious government project was kept a secret from the outside world and from the majority of the residents themselves. Some wondered why, despite the constant work and round-the-clock activity in this makeshift town, did no tangible product of any kind ever seem to leave its guarded gates. The women who kept this town running would find out at the end of the war, when Oak Ridge's secret was revealed and changed the world forever. Denise Kiernan will speak at Town Hall on Wednesday, January 17.

Friday
March 2
PB286

Swan Garden by Anne Biggs

Inspired by true events, it tells the heartbreaking and stirring story of a 14-year-old Irish girl who survives a rape and the unremitting cruelties of the Catholic system of mother/baby homes and the Laundries. She finds a way to escape to a happier life, but is haunted by her past, and the daughter she was forced to give up. The novel exposes a shameful and abusive system that stole the dignity and rights of generations of young women called sinners. The Swan Garden is a significant addition to pushing open the door and bringing light to this dark episode of the past.

Friday
April 6
PB286

Hillbilly Elegy by J.D. Vance

From a former Marine and Yale Law School graduate, a powerful account of growing up in a poor Rust Belt town that offers a broader, probing look at the struggles of America's white working class. Hillbilly Elegy is a passionate and personal analysis of a culture in crisis—that of white working-class Americans. The decline of this group, a demographic of our country that has been slowly disintegrating over 40 years, has been reported on with growing frequency and alarm, but has never before been written about as searingly from the inside. J. D. Vance tells the true story of what a social, regional, and class decline feels like when you were born with it hung around your neck.

Friday
May 11
PB194

Shadow Divers by Robert Kurso

In 1991, a team of scuba divers found a World War II German U-Boat sunk off the coast of New Jersey. But they could not identify it, and both Allied and German war records had no mention of it. This is the story of attempts by two of the divers to find its identity, and more importantly to them, learn of the men who manned it in its fateful mission.

The author
will join
us for our
discussion!

Field Trips

Cooking Classes at Whole Foods

FEBRUARY

23

Friday

11 am - 1 pm

Israeli Street Food

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 20

Last Day To Register: February 16

Chicken Shawarma with Warm Pita
Creamy Tahini Sauce
Healthy Hummus
Lemony Vegetable Salad

APRIL

13

Friday

11 am - 1 pm

Rustic Italian

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 20

Last Day To Register: April 6

Garlic Confit with Goat Cheese and Ciabatta
Fennel Orange Salad with Red Wine Vinaigrette
Red Snapper Livornese (Fish in Tomato Caper Sauce)
Vanilla Bean Panna Cotta

MARCH

9

Friday

11 am - 1 pm

Irish Eats

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 20

Last Day To Register: March 2

Irish Beef Stew
Irish Colcannon Pie
Irish Soda Bread with Kerry Gold
Irish Coffee Ice Cream Sundaes

APRIL

27

Friday

11 am - 1 pm

Mexican Madness

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 20

Last Day To Register: April 20

Hibiscus Flower Tea Spritzers
Green Chili Enchiladas
Mexican Caesar Salad
Wholly Guacamole

MARCH

23

Friday

11 am - 1 pm

Thai Delights

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 20

Last Day To Register: March 16

Pad Thai
Tropical Mango Salad
Creamy Coconut Sorbet

OLLI Teaching Opportunities

Share your expertise with our OLLI members who are energized and interested in a wide variety of topics. Teach about your interests, expertise or talents! Download and complete Course Proposal Form at www.fresnostate.edu/cge/olli.

Please contact Jill Wagner (jiwagner@csufresno.edu) for more information.

FEBRUARY

14

Wednesday

9 am - 3 pm

World Ag Expo

Members \$40 Non-Members \$50

Price includes transportation and admission. There will be an extensive amount of walking and/or standing during this tour, but there are ample opportunities to sit.



Maximum Capacity: 45

Last Day To Register: February 7

Visit one of the world's largest exhibitions dedicated to agriculture. More than 1,500 exhibitors will attend the 51st annual World Ag Expo to showcase their products and equipment to strengthen modern agriculture operations. Fresno Farm Bureau CEO Ryan Jacobsen will provide you with a one-hour overview of the Expo, its purpose and importance. You'll then have time to tour the expansive exhibition on your own. You can purchase your lunch from one of the many local vendors and visit the areas of the Expo that interest you.

Details: much walking, plenty of places to sit and rest, plentiful restrooms, delicious local food for sale.

APRIL

6

Friday

10 am - 12:30 pm

Chaffee Zoo

Members \$30 Non-Members \$35

Price includes admission.



No Maximum Capacity

Last Day To Register: March 23

Join us for a special opportunity to explore the Chaffee Zoo behind-the-scenes as we view up to three zookeeper and animal spaces not typically seen by the public. Learn about animal care, exhibit design, and conservation programs during this in-depth tour of the zoo facilities. Some of the many spaces we may see include: the zoo hospital, African elephant barn, Reptile House, and Sea Lion Cove kitchen.

Behind-the-scenes departments vary and will be announced on the day of the tour. The City of Fresno charges \$5 per car to enter the park.

Details: much walking and standing.

April

25

WEDNESDAY

9:30 am - 6 pm

Wine Tasting in Paso Robles

Members \$100 Non-Members \$110

Price includes transportation and admission.

Maximum Capacity: 35

Last Day To Register: April 11

This trip features two of the central coast's most popular wineries. We'll start at Cass Vineyard and Winery, located in the rolling, oak-studded hills between Paso Robles and Creston. Here you will sample wines and enjoy lunch, which is included in the tour price. From Cass we will visit Tobin James Cellars. Built in 1993 from the ground up on the site of an old stagecoach stop, the Tobin James tasting room is where award winning wines are poured from behind the grand, antique 1860s Brunswick mahogany bar. The price includes wine tasting, lunch and transportation. Details: All attendees must be 21. Those touring will be walking and standing for periods of time.

Hands-on Experiences

FEBRUARY

23

Friday

1 - 2:30 pm

Cupcake Decorating at Frosted Cakery I

Members \$30 Non-Members \$40

Price includes admission. This activity is not wheelchair nor handicapped accessible and members must be able to stand for a prolonged time to decorate.

Maximum Capacity: 12

Last Day To Register: February 16

It's wonderful when baked goods are both delicious and beautiful. Learn how to decorate cupcakes with our cake designer extraordinaire and meet the rest of the Frosted team! Each student will decorate four themed cupcakes to take home and share.

Frosted Cakery is located at 1292 N. Wishon Avenue, Fresno



MARCH

2

Friday

1 - 2:30 pm

Cupcake Decorating at Frosted Cakery II

Members \$30 Non-Members \$40

See details above.

Maximum Capacity: 12

Last Day To Register: February 23

APRIL
20
Friday

10 - 11:30 am

Basics of Coffee Brewing

Members \$25 Non-Members \$30

Price includes admission.

Maximum Capacity: 20

Last Day To Register: April 13



Come learn how to up your brewing prowess to make excellent coffee at home - all that it takes is some simple equipment. Learn from local coffee professionals on what it takes and how you can increase your coffee game in your own kitchen. Learn brewing basics and how to brew a pour over.

The Revue is located at 620 E. Olive Avenue, Fresno

APRIL
27
Friday

10 am - 12 pm

Lanna Coffee Cupping I

Members \$30 Non-Members \$35

Price includes admission.

Maximum Capacity: 25

Last Day To Register: April 13



Lanna Coffee is a local company committed to improving the quality of life for farming communities in northern Thailand by roasting and distributing excellent coffee. Coffee Cupping is how coffee professionals determine which beans go on the market, test quality control, and grade quality of specific roasts. Through this class, you get to be part of this process. Learn about the different tastes, and smells, that go along with profiling a cup of coffee and to determine which ones you enjoy.

This hands-on class will engage all your senses as you walk through the steps of cupping different roasts. You will have the opportunity to sample different types of coffee and discuss the qualities which make them unique. You'll receive a 12 oz. bag of coffee and an informational handout to take home. You will be sampling the coffee black, so please keep that in mind if you normally do not drink coffee black. Please do not wear any perfumes or strong colognes to the class, as it will interfere with the cupping process.

Lanna Coffee is located at 617 Broadway Street, Fresno

MAY
4
Friday

10 am - 12 pm

Lanna Coffee Cupping II

Members \$30 Non-Members \$35

See details above.

Maximum Capacity: 25

Last Day To Register: April 20

OLLI Spring 2018 Calendar

General Sessions Courses Field Trips Experiences

FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			10:30 AM Philosophical Texts of India 2 PM Valuing the Local Arts 1	9:30 AM Book Club 1 PM Music 2
10 AM Poetry: Develop Your Voice 1 PM Qigong 5	2:30 PM Architecture in the Valley 6	10 AM Current Events 7	10:30 AM Philosophical Texts of India 2 PM Valuing the Local Arts 8	9
10 AM Poetry: Develop Your Voice 1 PM Qigong 12	10:30 AM Astronomy Behind the Headlines 2:30 PM Architecture in the Valley 13	9 AM World Ag Expo 10 AM Current Events 14	10:30 AM Philosophical Texts of India 2 PM Valuing the Local Arts 15	1 PM Uber & Lyft 16
19	10:30 AM Astronomy Behind the Headlines 2:30 PM Architecture in the Valley 20	21	10:30 AM Philosophical Texts of India 2 PM Valuing the Local Arts 22	11 AM Whole Foods 1 PM Cupcake Decorating 1 PM Netflix, YouTube TV & Hulu 23
10 AM Poetry: Develop Your Voice 1 PM Qigong 26	10:30 AM Astronomy Behind the Headlines 1 PM A Journalist's Reflections 2:30 PM Architecture 27	10 AM Current Events 2 PM Philosophy of War and Peace 28		

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			10:30 AM Renaissance Florence 1:30 PM Understanding the Reformation 1	9:30 AM Book Club 1 PM Cupcake Decorating 2
10 AM Poetry: Develop Your Voice 5	10:30 AM Astronomy Behind the Headlines 1:30 PM Islamic World 3 PM Transforming Our Region 6	7	10:30 AM Renaissance Florence 1:30 PM Understanding the Reformation 8	11 AM Whole Foods Cooking Class 1 PM Amazon, Amazon Prime & Audible 9
10 AM Poetry: Develop Your Voice 1:30 PM Musical Tour of Ireland 12	10 AM 18th Century European Art 1:30 PM The Islamic World 13	2 PM Philosophy of War and Peace 14	10:30 AM Renaissance Florence 1:30 PM Understanding the Reformation 15	10 AM Power of Intuition 16
10 AM Poetry: Develop Your Voice 3 PM Utopia as a Verb 19	10 AM 18th Century European Art 1:30 PM The Islamic World 20	2 PM Philosophy of War and Peace 21	10:30 AM Renaissance Florence 22	10 AM Power of Intuition 11 AM Whole Foods Cooking Class 1 PM Facebook 23
26	27	10 AM Horticulture Lecture 2 PM Philosophy of War and Peace 28	10 AM Horticulture Tour 1:30 PM Understanding the Reformation 29	30

APRIL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 AM Global Fascism 2	10 AM 18th Century European Art 2 PM Focus on Theater 3	4	10:30 AM Filming the 60s 3:30 PM Nutrition & Label Reading 5	9:30 AM Book Club 10 AM Chaffee Zoo 6
10 AM Global Fascism 9	10 AM 18th Century European Art 2 PM Focus on Theater 10	3 PM Changing Aging (no guest passes) 11	10:30 AM Filming the 60s 3:30 PM Nutrition & Label Reading 12	11 AM Whole Foods Cooking Class 13
10 AM Global Fascism 16	2 PM Focus on Theater 17	3 PM Mathematics: An Art & A Science 18	10:30 AM Filming the 60s 2 PM Keeping Life Fun 3:30 PM Nutrition & Label Reading 19	10 AM Coffee Brewing 20
10 AM Global Fascism 23	2 PM Focus on Theater 24	9:30 Wine Tasting in Paso Robles 25	26	10 AM Coffee Cupping 11 AM Whole Foods Cooking Class 27
30				

MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	10 AM Coffee Cupping 4
7	8	9	10	9:30 AM Book Club 11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Please join us
for our
Summer Session
in June and July!

**RELEASE OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK
AND AGREEMENT TO PAY CLAIMS**

Activity: Osher Lifelong Learning Institute – Spring 2018 Field Trips

Activity Dates(s), Time(s) and Location(s): See reverse side for all initialed activities attending

In consideration for being allowed to participate in these Activities, on behalf of myself and my next of kin, heirs and representatives, I **release from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Fresno and their employees, officers, directors, volunteers and agents (collectively “University”) from any and all claims, **including claims of the University’s, negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in these Activities, including travel to, from and during the Activities.

I am voluntarily participating in these Activities. I am aware of the risks associated with traveling to/ from and participating in these Activities, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcome may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activities locations. **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in these Activities, including travel to, from and during the Activities.**

I agree to **hold** the University **harmless** from any and all claims, including attorney’s fees or damage to my personal property, which may occur as a result of my participation in these Activities, including travel to, from and during the Activities. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the University, (c) and assuming all risks of participating in these Activities, including travel to, from and during these Activities.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Participant Name (Print): _____

Participant Signature: _____ Date: _____

PLEASE SEE REVERSE FOR LIST OF ACTIVITIES

I have initialed by each of the following field trips and Hands-on Experiences listed below and confirm that I have reviewed the detailed information contained in the OLLI Spring 2018 catalog for each of the activities and events. As such, I understand the unique risks associated with each event.

SPRING 2018 FIELD TRIPS and HANDS-ON EXPERIENCES

_____	World Ag Expo February 14, 2018	9 AM – 3 PM	Tulare, CA
_____	Whole Foods: Israeli Street Food February 23, 2018	11 AM – 1 PM	Fresno, CA
_____	Cupcake Decorating at Frosted Cakery I February 23, 2018	1 - 2:30 PM	Fresno, CA
_____	Cupcake Decorating at Frosted Cakery II March 2, 2018	1 - 2:30 PM	Fresno, CA
_____	Whole Foods: Irish Eats March 9, 2018	11 AM – 1 PM	Fresno, CA
_____	Whole Foods: Thai Delights March 23, 2018	11 AM – 1 PM	Fresno, CA
_____	Fresno State Nursery March 29, 2018	10 AM – 12 PM	Fresno, CA
_____	Chaffee Zoo April 6, 2018	10 AM - 12:30 PM	Fresno, CA
_____	Whole Foods: Rustic Italian April 13, 2018	11 AM – 1 PM	Fresno, CA
_____	Basics of Coffee Brewing April 20, 2018	10 - 11:30 AM	Fresno, CA
_____	Paso Robles Wine Tour April 25, 2018	9:30 AM – 6 PM	Fresno, CA
_____	Whole Foods: Mexican Madness April 27, 2018	11 AM - 1 PM	Fresno, CA
_____	Lanna Coffee Cupping I April 27, 2018	10 AM – 12 PM	Fresno, CA
_____	Lanna Coffee Cupping II May 4, 2018	10 AM – 12 PM	Fresno, CA

Osher Lifelong Learning Institute Registration – SPRING 2018

Member(s) Name(s) _____

Mailing Address/City/Zip _____

Mode of contact: (in case of changes or cancellations)

Email address _____ Phone _____

How did you hear about the Fresno State OLLI?

Previously a member Heard from a friend Newspaper Catalog Other _____

Your age group 50-60 61-70 71-80 81-90 91+

MEMBERSHIP FEE

General Membership \$40 per person (non-refundable) \$ _____

Please check if you need an OLLI Parking Permit

SHORT COURSES – Available only with a paid membership

- Valuing the Arts (four Thursdays)..... x\$35/person \$ _____
- Philosophical Texts of India (four Thursdays)..... x\$35/person \$ _____
- Online Music (one Friday)..... x\$10/person \$ _____
- Poetry: Develop Your Voice (six Mondays)..... x\$55/person \$ _____
- Qigong (three Mondays)..... x\$25/person \$ _____
- Architecture of the San Joaquin Valley (four Tuesdays)..... x\$35/person \$ _____
- Current Events Discussion (three Wednesdays)..... x\$25/person \$ _____
- Astronomy Behind the Headlines (four Tuesdays)..... x\$35/person \$ _____
- Uber & Lyft (one Friday) x\$10/person \$ _____
- Netflix, YouTube TV & Hulu (one Friday)..... x\$10/person \$ _____
- The Philosophy of War and Peace (four Wednesdays)..... x\$35/person \$ _____
- Renaissance Florence (four Thursdays)..... x\$35/person \$ _____
- Amazon, Amazon Prime & Audible (one Friday)..... x\$10/person \$ _____
- Understanding the Reformation (four Thursdays)..... x\$35/person \$ _____
- The Islamic World (three Tuesdays)..... x\$25/person \$ _____
- A Musical Tour of Ireland (one Monday)..... x\$15/person \$ _____
- Power of Intuition (two Fridays)..... x20/person \$ _____
- 18th Century European Art (four Tuesdays)..... x\$35/person \$ _____
- Facebook (one Friday)..... x\$10/person \$ _____
- Horticulture Lecture & Tour (Wednesday & Thursday)..... x\$20/person \$ _____
- Ideology & History of Global Fascism (four Mondays)..... x\$35/person \$ _____
- Focus on Theater (four Tuesdays)..... x\$35/person \$ _____
- Filming the 60s (three Thursdays)..... x\$25/person \$ _____
- Nutrition and Label Reading (three Thursdays)..... x\$25/person \$ _____
- Keeping Life Fun (one Thursday)..... x\$10/person \$ _____
- Book Club with Kay Davies (four Fridays)..... x\$10/person \$ _____

PLEASE SEE REVERSE FOR MORE

Osher Lifelong Learning Institute Registration – SPRING 2018 page 2

FOR ALL FIELD TRIPS SIGN BOTH SIDES OF LIABILITY FORM IN THIS CATALOG AND SEND WITH REGISTRATION

■ FIELD TRIPS – Available to members and non-members	Member	Non-Member
World Ag Expo, Tulare	\$40	\$50
Chaffee Zoo Behind the Scenes Tour.	\$30	\$35
Israeli Street Food Cooking Class – Whole Foods.	\$30	\$35
Irish Eats Cooking Class – Whole Foods	\$30	\$35
Thai Delights Cooking Class – Whole Foods	\$30	\$35
Rustic Italian Cooking Class – Whole Foods	\$30	\$35
Mexican Madness Cooking Class – Whole Foods.	\$30	\$35
Paso Robles Wine Tour	\$100	\$110

■ HANDS-ON EXPERIENCES – Available to members and non-members	Member	Non-Member
Cupcake Decorating at Frosted Cakery I	\$30	\$40
Cupcake Decorating at Frosted Cakery II.	\$30	\$40
Basics of Coffee Brewing	\$25	\$30
Coffee Cupping at Lanna Coffee I	\$30	\$35
Coffee Cupping at Lanna Coffee II	\$30	\$35

* Your philanthropic gift to OLLI helps us to grow our program - in members and dynamic offerings. Thank you for your support.

FIELD TRIP AND HANDS-ON EXPERIENCES TOTAL \$ _____

TOTAL FROM PAGE 1 \$ _____

* ANY ADDITIONAL GIFT TO OLLI \$ _____

TOTAL ENCLOSED \$

If you need a disability-related accommodation of wheelchair access information, please contact the OLLI office at 559.278.0008 or send an email to osher@csufresno.edu. Requests should be made at least one week in advance.

Photograph and media release (and Guardian if Participant is a minor) grants permission to Fresno State and the Osher Institute to use Participant’s image appearing in any photographs, videotapes, motion picture or any other media for any of Fresno State’s advertising or promotional purposes whatsoever, in perpetuity, throughout the world. If you do not agree please notify OLLI in writing prior to your participation in any OLLI event.

Please return this form with payment to:
 Fresno State OLLI
 5245 N. Backer Avenue, M/S PB5
 Fresno, CA 93740

PAYMENT: We accept checks or money orders made payable to FRESNO STATE FOUNDATION. We cannot accept any registrations by phone.

CREDIT CARDS: Please complete the information below. This information will be destroyed after registration is processed.

Name on Card: _____

Credit Card Type: Visa MasterCard AmEx **Expiration Date:** _____

Card Number: _____ **Security Code:** _____

Leave a Legacy

For 50 years, the Central Valley Community Foundation has supported those who have a philanthropic wish to give back to their community. By planning ahead, visionary donors make life better for generations to come. CVCF can work with you and your financial advising team to help you plan your estate.

Endowments allow individuals, families, organizations and businesses to ensure lasting impact through preservation of principal and granting investment gains, earned interest and dividends. We will make grants in your name in perpetuity and always honor our donors' charitable wishes.

For more information, contact the Central Valley Community Foundation at (559) 226-5600 or email info@centravalleycf.org

www.centralvalleycf.org

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Continuing and Global Education

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