

OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

SUMMER 2017

SUMMER
FUN FOR
EVERYONE!

\$5 SUMMER
MEMBERSHIPS!

Meet. Learn. Grow.

University-level non-credit courses, lectures
and activities for those age 50 and better.

FRESNO STATE
Continuing and Global Education



Snack-sized Summer Learning!

Membership is \$5!

All Courses \$5!

The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!

Membership Information

SUMMER SPECIAL: \$5 membership and \$5 for each course

At Fresno State's OLLI, you choose how involved you wish to be, depending on your availability and interests. Seating is limited for all courses so be sure to send in your registration as soon as possible. Membership fees are non-refundable and non-transferable. Members who must cancel their Short Courses will not be refunded. You will receive a confirmation letter once we receive your registration and payment. We cannot hold space without a paid registration.

Parking

OLLI incurs a parking charge; however, the OLLI leadership has decided not to pass this cost on to you. Members may request a parking permit by checking the option on the registration form. If you request a permit, parking details will be mailed to you. We respectfully ask that you request a permit only if necessary. If there are multiple OLLI members in your household or social group, please consider carpooling to events. Your consideration maintains OLLI's ability to offer quality programs at an affordable price.

OLLI is not responsible for parking citations received by those not in compliance with campus parking regulations.

If you need a disability-related accommodation or wheelchair access information, please contact the OLLI office at 559.278.0008 or send us an email at osher@csufresno.edu. Requests should be made at least one week in advance of the event.

General Membership

\$5 Per Person (Summer only)

- Opportunity to register for Short Courses as outlined on the schedule.
- Optional on-campus parking during all Short Courses.

Short Courses

\$5

- Open only to OLLI members.
- Registration is processed on a first-come, first-served basis.

Short Course Descriptions

NOTE: All classes are held in the University Business Center

July
11, 18 & 25
TUESDAYS

\$5

2 - 3:30 PM PB191

Paris in Art

Susana Sosa

Paris has long inspired artists to capture its sights, unique character and beauty. This class will explore artistic views of Paris, from the earliest images to the modern world to examine the way Paris has been recorded and imagined. Among the focused topics will be Medieval Paris, the Golden Era of Louis XVII, Revolutionary Paris and the grand urban revitalization in the Third Empire. By looking at artistic depictions, we can see how Paris transformed from an ancient settlement into the modern City of Light.

July
12 & 26
WEDNESDAYS

\$5

1 - 3:00 PM PB191

How to Meditate

Aaron Drake

This course is an easy to follow step-by-step guide to meditation. You will learn the basics of proper posture, breathing technique, and a simple yet effective Taoist meditation practice.

July
13
THURSDAY

\$5

1 - 2:30 PM PB191

Planned Giving

Elizabeth Garvin

Interested in planned giving as a way to make a gift to your favorite charity as well as to plan for your loved ones' futures? Planned gifts not only provide for charities but also can help preserve the assets of your estate from unnecessary taxation and better transfer goods and assets to family and friends. Working with your advisors and planned giving professionals will help you feel confident that your estate gift will be used in the specific way you desire. Come learn methods for determining what your legacy gifts will benefit and how your family and friends will remember you.

July

14

FRIDAY

\$5

1 - 2:30 PM PB192

Uber and Lyft

DISCOVERe

Hire a private driver to pick you up and take you to your destination at a very reasonable rate with the tap of a button on your phone. The nearest driver is often at your pickup location within minutes. You can even track your driver's location as they are en route. You must install the free Uber and Lyft apps onto your phone and create an account for yourself before the class. Get them online from the iTunes store, GooglePlay or other application provider.

July

19

WEDNESDAY

\$5

1 - 2:30 PM PB191

Car Seat 101: Transporting Children Safely

Kristina Pasma, RN

You love having children around you and it's critical that they are safe in your car. We'll review how car seats and seatbelts save lives and keep people safer; why all passengers should ride buckled up; and discuss basic types of car seats and their proper installation.

July

20 & 21

THURS and FRI

\$5

1 - 2:30 PM PB192

Netflix and YouTube TV

DISCOVERe

Why give cable companies hundreds of dollars when the future is here? Netflix is the world's leading subscription service for watching TV episodes and movies on your TV, mobile or tablet device. Join us to discover how to stay updated on your favorite shows and more. YouTube TV is a TV streaming service that lets you watch live TV from major broadcast and popular cable networks. Enjoy local and national live sports, and must-see shows the moment they air. Record all your favorites without storage space limits, and stream wherever you go while not breaking the bank. For a better experience, please have your Netflix and YouTubeTV account(s) established before the session as that will not be covered.

July
27

THURSDAY

\$5

1 - 2:30 PM PB191

Boom! Splat! Crash! The Grandkids are Coming!

Carlos Flores, RN

It's great hosting grandkids or great grandkids but it's essential to know how to keep them safe in your home. We'll cover: Keeping medicines from sticky fingers (poison prevention); Water, water everywhere - keep the ducklings upright (drowning prevention); Big heads on tiny kids (like lawn darts, the head leads the way); Geez, the things they get into (finding stuff they're not supposed to find); When I was a kid we never had that and I lived! (safety devices); Toys, toys, toys and more.

July

20 & 27

THURSDAYS

\$5

10:30 AM - 12 PM PB191

Hollywood's Noble Savages

Paul Kaser

Join us for a look back at the varied, often surprisingly sympathetic images of Native Americans in film. We'll review and discuss scenes presenting Indians either as barbaric killers or as nature's noblemen and women -- victims and icons in the vast, cinematic drama of the American frontier.

July

27 & 28

THURS and FRI

\$5

1 - 2:30 PM PB192

Facebook

DISCOVERe

Find friends and family and see what they're up to, build your network and learn the newest Facebook lingo. The class will teach you how to post your status, tag photos, sort your news feed and essentials such as privacy and hiding unwanted updates. Bring your handheld device (smart phone, tablet, iPad) along for maximum benefit

July

28

FRIDAY

\$5

1 - 2:30 PM PB191

Accessing and Recording History

Janice Stevens

The author of several books on California history and the "Pastimes" column for Central Valley magazine, Janice Stevens will share tips, tricks and how-tos on accessing and recording history. Whether you are writing a personal history or memoir, researching your genealogy or recording history to publish, finding sources and properly attributing the source is key to a successful outcome.

Osher Lifelong Learning Institute Registration – Summer 2017

Member(s) Name(s) _____

Mailing Address/City/Zip _____

Mode of contact: (in case of changes or cancellations)

Email address _____ Phone _____

How did you hear about the Fresno State OLLI?

Previously a member Heard from a friend Newspaper Catalog Other _____

Your age group 50-60 61-70 71-80 80+

SUMMER MEMBERSHIP FEE

General Membership \$5 per person (non-refundable).....\$ _____

Please check if you need an OLLI Parking Pass

SHORT COURSES – Available only with a paid membership

- Paris in Art (three Tuesdays)..... x\$5/person \$ _____
 - How to Meditate (two Wednesdays)..... x\$5/person \$ _____
 - Planned Giving (one Thursday)..... x\$5/person \$ _____
 - Uber and Lyft (one Friday)..... x\$5/person \$ _____
 - Car Seat 101 (one Friday)..... x\$5/person \$ _____
 - Netflix and YouTube TV (two sessions)..... x\$5/person \$ _____
 - Boom! Splat! Crash! The Grandkids are Coming! (one Thursday)..... x\$5/person \$ _____
 - Hollywood's Noble Savages (two Thursdays)..... x5/person \$ _____
 - Facebook (two sessions) x\$5/person \$ _____
 - Accessing and Recording History (one Friday)..... x\$5/person \$ _____
- Total for Courses \$ _____**

TOTAL AMOUNT ENCLOSED \$ _____

PAYMENT: We accept checks or money orders made payable to FRESNO STATE.

*If you need a disability-related accommodation of wheelchair access information, please contact the OLLI office at 559-278-0008 or send an email to osher@csufresno.edu. Requests should be made at least one week in advance.

Photograph and Media Release

Grants permission to Fresno State and the Osher Institute to use Participant's image appearing in any photographs, videotapes, motion picture or any other media for any of Fresno State's advertising or promotional purposes whatsoever, in perpetuity, throughout the world. If you do not agree please notify OLLI in writing prior to your participation in any OLLI event.

Please return this form with payment to:

Fresno State OLLI
 5245 N. Backer Avenue, M/S PB5
 Fresno, CA 93740
 559-278-0008

Please note summer hours are 7 AM - 3:30 PM.

Have a great summer! Look for our OLLI Fall Catalog to be mailed in August!