



SPRING 2020 CATALOG

FRESNO STATE
Continuing and Global Education

University-level Courses
Fascinating Speakers
Monthly Book Club
Adventures

For those age 50 and better!



Live Inspired!

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BECOME A MEMBER

You can join OLLI anytime of the year. Memberships for Spring and Fall semesters are \$40 each, and the Summer Session is \$15. Membership fees are non-refundable and non-transferable.

Members Receive:

- Admission to all Keynote Speeches for the term of the membership
- Optional on-campus parking during Keynote Speeches and OLLI Courses
- Opportunity to register for OLLI courses and adventures
- Privileges to use and check out materials at the Henry Madden Library
- OLLI activity announcements via email

2

REGISTER FOR OLLI COURSES AND ADVENTURES

- Courses are open ONLY to OLLI Members
- Guests may register for Adventures, but members get a lower price
- Enjoy a wide variety of interesting topics
- Registrations processed on a first-come, first-served basis
- OLLI Courses and Adventures are self-supporting - a minimum enrollment is required
- Course fees vary according to course length
- Caregivers for members must pay for participation

3

SHARE YOUR OLLI ENTHUSIASM

- Invite your friends and family to join OLLI
- Post about your OLLI activities on your social media channels
- Follow the Fresno State OLLI on Facebook at www.facebook.com/FresnoStateOLLI/
- Attend OLLI social events

4

PLAN FOR PARKING

- You will receive an OLLI parking permit at no charge when you check the box on the registration form. Parking details will be mailed to you, along with your permit.
- Use your OLLI parking permit to park in any Green (student) or Yellow (staff) lot near your OLLI event.
- If there are multiple OLLI members in your social group, consider carpooling to campus.
- A parking pass isn't a guarantee of a parking spot near the door. Allow yourself enough time to park on our busy campus and make your way to the venue.
- OLLI is not responsible for lost or stolen parking permits nor for parking citations received by members. We charge \$15 to replace lost parking passes.
- For information on an alternative transportation program, see page 23.

Dr. Gregory Kriehn

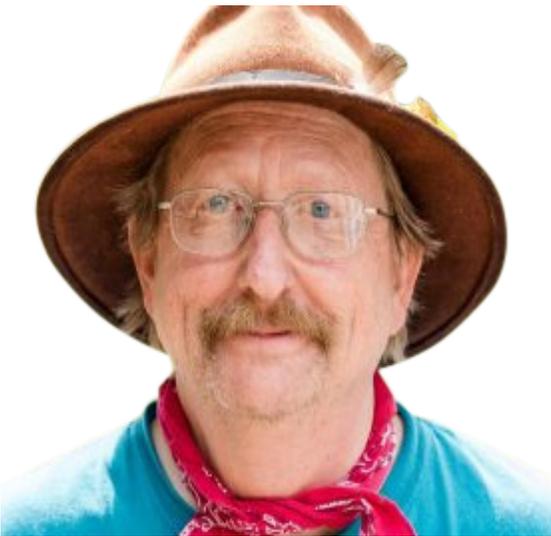


Quantum Optics: What light teaches us about life, the universe, and everything

FEBRUARY 14 | Friday | 3 - 4:30 p.m. | Satellite Student Union

Quantum Mechanics describes the nature and interaction of atoms, subatomic particles, and the interaction of these particles at the smallest energy scales. Light, which is fundamentally governed by quantum theory, consists of tiny energy particles that have simultaneous particle and wavelike properties — which often gives rise to very unintuitive behavior. Dr. Gregory Kriehn will discuss some of these properties, and relate their effects to what he has learned over the years as a teacher about life, the universe and everything.

Dr. John Pryor



A Grand Old Site: 21 Years of Research at a Native American Village

FEBRUARY 20 | Thursday | 3 - 4:30 p.m. | Satellite Student Union

Over the last 21 years, Dr. Pryor has conducted an archeological field school at the Grandad Site in the Central Sierra foothills between Mariposa and Oakhurst. This ancient Native American village is a wonderfully rich learning environment that was occupied for over 9,000 years. The site opens students to chapters of California's past that they get to explore and experience. Through the strong involvement of local Native Americans in the field school, students have learned much and better understand their values. It has also provided the Native Americans the opportunity to learn about archeology.

KEYNOTE SPEAKERS



Dianne Callahan

Triumphing Over Adversity Through Post-Traumatic Growth

MARCH 24 | Tuesday | 3 - 4:30 p.m. | Satellite Student Union

We have all gone through painful experiences and traumas that can hold us back from living meaningful and joy-filled lives. So how do some people overcome these experiences and turn them into triumph? They have learned how to rewrite the narrative of their experiences with bravery and kindness for themselves, and you can too! Rather than accepting a life of stress, despair and hopelessness, you can experience the phenomenon known as post-traumatic growth. This talk will explore these concepts and give you new ways of looking at your own resilience and inner strength.

Dr. Joseph Ross

GMO: Friend or Foe?

APRIL 1 | Wednesday | 3 - 4:30 p.m. | Satellite Student Union

Genetically-modified organisms (GMOs) have been described both as Frankenfoods and also among top options for solving nutrition issues for billions of humans across the globe. Are genetically-modified crops more beneficial or more detrimental? Human embryos have recently, for the first time, been genetically modified - is that a path that humanity is willing to tread? GMO mosquitoes have been released into the wild to try to control the spread of mosquito-spread viruses. What are the risks and benefits involved? We will define what it might mean to be called genetically-modified and discuss different types of genetic modifications and their potential risks and benefits. You might be surprised what you already know (and don't know) about GMOs.

KEYNOTE SPEAKERS



Dora Westerlund

CEO, Fresno Area Hispanic Foundation



Ryan Jacobsen

CEO Fresno County Farm Bureau



Jill Wagner

Executive Director Fresno State OLLI

Good News About the Valley

APRIL 29 | Wednesday | 3 - 4:30 p.m. | Satellite Student Union

It's common to hear talk about challenges in the valley like poverty, air quality, water, economy, crime, and more. Our speakers will present an uplifting session where you'll learn about some great things in and going on around the central valley. Each will share their pride points about our region to give you a positive perspective on the world outside your window.



OLLI COURSES

▶ Classroom Temperature:

The temperatures in rooms of OLLI classes may vary and we often don't have local control of the thermostats. If you are sensitive to ranging temperatures, we suggest you dress in layers so you can make adjustments to ensure personal comfort.

▶ Please Note:

When you register for a specialized class, you should have access to the materials/equipment needed for the class. Examples: If you register for an iPhone class, you should have an iPhone to learn on; if you register for a digital photography class, you should have access to a digital camera.

Ghosts and Hauntings with Jackie Meador

MONDAYS | February 3, 10, 24

10:30 a.m. - 12 p.m.

\$25

Presenter: Jackie Meador, CCPI Director

Join an experienced paranormal investigator as you look for answers to unexplained phenomena. Topics covered include: what is the investigator's role; investigative methods for research, what investigators look for; and where they go using electronic equipment and scientific/spiritual techniques.

Conversations on the Local Arts Scene

MONDAYS | February 3, 24; March 16; April 13

2 - 3:30 p.m.

\$35

Presenter: Donald Munro

Veteran arts journalist Donald Munro leads a series of four classes devoted to some of the major luminaries on the Fresno-area arts scene. Extended interviews will get up-close and personal with the most fascinating people in the world: artists. Guests will come from the world of theater, visual arts and classical music, and several of the sessions will be keyed to local performances and exhibitions that you can see afterward.

Put Siri to Work for You

TUESDAY | February 4

2 - 4 p.m.

\$15

Presenter: Cristian Juarez

Siri is an intelligent assistant that offers a faster, easier way to get things done on your Apple devices. Siri can make calls or send texts for you, set alarms, timers, and reminders, get directions, and preview your calendar. Siri can do it all without you ever having to pick up a device. Being able to quickly check facts, do calculations, or translate a phrase into another language is as simple as asking. **Please bring your Apple device with you and make sure it is updated to the latest iOS.**

Tai Chi - Deeper Insight

WEDNESDAYS | February 5, 12

10 - 11:30 a.m.

\$25

Presenter: Chris Marie Brown

Clarity - something we all hope to find in understanding ourselves and shaping our futures. This class introduces meditation, tai chi, Ira Progoff's Intensive Journal Method and frames for insight. The instructor has more than 25 years of experience with the first three. This class is comprised of both lecture and movement, and reference materials will be included.

America's Founding Documents

WEDNESDAYS | February 5, 12, 19, 26

2:30 - 4 p.m.

\$35

Presenter: Dr. Allen Carden

This course will explore three key documents on which the early history of this nation was based: the Declaration of Independence, the Articles of Confederation, and the Constitution of the United States. Understanding the current American political system and basic American values requires a knowledge of the content of these documents, how they came into existence, how they have been viewed over time, and their international impact. This is your opportunity to become better informed through a non-partisan, objective analysis of the history, content, and influence of these important founding documents.

How to Use and Have Fun with Your Digital Camera

THURSDAYS | February 6, 13, 20, 27

10 - 11:30 a.m.

\$35

Presenter: Ken McCoy

Bring your digital camera and get ready to have fun, learn some features, and participate in weekly photo assignments. You'll learn tips for photographing people, events, flowers and even estate jewelry. Along with the camera, it is recommended that you bring a notepad - there will be lots of information to take away.

I Was Named Trustee of My Loved One's Trust - What Now?

THURSDAY | February 6
2 - 4 p.m.

\$15

Presenters: Panel - See description

Trusts are popular estate planning tools to avoid court involvement after a loved one becomes incapacitated or dies. Join us for an overview of what it means to be a trustee, how to select the most appropriate trustee, the three phases of trust administration and how to avoid the most common errors made by trustees. Learn about the importance of recordkeeping and how to do it. The discussion panel: Jeffrey Wall, Attorney; Rick Ieas, Fiduciary of Central Valley Fiduciary Services; Gary Winter, Attorney; and Liz Garvin, Senior Director of Planned and Foundation Giving at Fresno State.

How to Travel: Advice and Tips

MONDAY | February 10
2 - 4 p.m.

\$15

Presenter: Dr. Michelle DenBeste

This seminar will cover all aspects of international travel: how to plan a trip abroad; how to find passport and visa information; what to pack; planning an itinerary; staying safe overseas; staying healthy while traveling and much more! We will explore different types of travel and different expectations for each. For instance, a cruise trip requires very different planning than a rail trip across Europe. Independent travel vs. tour group travel (and combinations thereof) will also be explored.

How To Be a Grand Juror

TUESDAY | February 11
2 - 3:30 p.m.

\$15

Presenter: Lanny Larson

We will explore the long history of grand juries and how they function in 21st Century California. The instructor, a former foreperson of the Fresno County Civil Grand Jury, will discuss what grand juries investigate, what they can and cannot do and how to apply for grand jury service and recruit others. Lanny Larson, a retired journalist and university communications editor, was foreperson of the 2015-16 Fresno County Civil Grand Jury, is a current Grand Juror, and helped train grand jurors in other counties for the California Grand Jurors' Association.

iOS13: Newest Updates

TUESDAY | February 11
2 - 4 p.m.

\$15

Presenter: Cristian Juarez

Get the most out of your iPhone or iPad and learn about iOS 13 - Apple's operating system released recently with a long list of new features. This class will focus on functionality with the newest updates to the operating system. **Bring your Apple device with you and make sure it is updated to the latest iOS.**

A Tour of the Masterworks of Asian Cinema

THURSDAYS | February 13, 20
10:30 a.m. - 12 p.m.

\$25

Presenter: Paul Kaser

Join us for a discussion and viewing of scenes from some of the greatest film productions to come out of the studios of the East. These films, whether based on the mythical past or the historical realities of their countries of origin, present ideas and images both beautiful and startling to Western viewers. We will also explore such topics as Chinese filmmakers' struggles against government censorship and oppression, Japanese filmmakers' reactions to World War Two, and the continuing efforts of Asian directors to gain for their films a wider international fan base.

The Remaking of Rural California: In-migration, Immigration and the Central Valley, 1900-present

TUESDAYS | February 18, 25; March 3, 10, 17
2 - 4 p.m.

\$50

Presenter: Dr. Alex Saragoza

This course will examine the different surges of migration into the rural areas of California, especially to the Central Valley. In-migration will be discussed, such as the arrival of African Americans, the so-called Dust Bowl migrants, and the increasing numbers of commuters from the coastal metropolitan areas, specifically the Bay area. Immigration and immigration policies will also be explored, with a particular emphasis on the impacts of the series of anti-Asian immigration policies on the one hand (e.g., the Chinese Exclusion Acts of 1882, 1892, 1902), and on the other the legislative measures intended to reduce the entry of southern and eastern European immigrants. We will then turn to the flows of immigrants in light of the decisive shifts precipitated by the Immigration Act of 1965 and that of the Refugee Act of 1980 and conclude with the cumulative effects (political, economic, and social/cultural) of these changes for rural California, the Central Valley particularly.

OLLI COURSES

Uber and Lyft

TUESDAY | February 18
2 - 4 p.m.

\$15

Presenter: Cristian Juarez

It's almost like having a chauffeur! Hire a private driver to pick you up and take you to your destination at a very reasonable rate with the tap of a button on your phone. The nearest driver is often at your pickup location within minutes. You'll learn how to use each safely. **Please install the free Uber and Lyft apps onto your phone and create an account for yourself before the class. Get them online from the iTunes store, Google Play or other application provider.**

Know When to Hire A Lawyer

WEDNESDAY | February 19
12 - 2 p.m.

\$15

Presenters: Ashley Emerzian, Esq. and Inna Shankar, Esq.



Life's one constant is change. When life changes come your way, how do you know when a lawyer can help? Starting or growing a business, marriage and divorce, kids, health changes, home remodels, planning for retirement or the unknown – are these times you might need to consult a lawyer? Come hear from Ashley and Inna, the founding attorneys of Emerzian Shankar Legal Inc., about what lawyers do, how they can help (or hurt), and when to pick up the phone to ensure you, your family and your business are protected.

Age Well, Drive Smart

FRIDAY | February 21
2 - 4 p.m.

\$15

Presenter: Justin Foraker, CHP

The Age Well/Drive Smart program reviews how to keep you driving safely for as long as possible. This program is designed to help older drivers tune-up their driving skills, as well as provide a refresher of the rules of the road. We will also learn about normal age-related physical changes and how to make small adjustments to deal with them. This class is a condensed version of the related DMV course so you will not receive a certificate of completion.

Poetry: Develop Your Voice

MONDAYS | February 24; March 2, 9, 16, 23; April 6
10 - 11:30 a.m.

\$50

Presenter: Sally Vogl

Whether you are a new or seasoned poet, this class will help you develop your writing skills. We'll read published poems and share our own poems in a supportive group, and hear how our poems touch others. Learn how to make your words flow, how to use images, and make new discoveries in your work. We will explore some traditional forms and also free verse. Your poems matter, because only you can share your thoughts and ideas.

Secrets, Symbols and Subliminal Messaging in Classical Choral Music

MONDAY | February 24
3 - 4:30 p.m.

\$15

Presenter: Dr. Anna Hamre, DMA

When spinning their notes and rhythms into compositions, composers incorporate a variety of techniques to generate emotional impact, illustrate stories, or reveal personal convictions. The class will examine musical examples and conclude by analyzing one of Mozart's great works. A background in reading music is helpful, but not essential.

Introduction to Classical Music

THURSDAYS | February 27; March 5, 12, 19
2 - 3:30 p.m.

\$35

Presenter: Dr. John Beversluis

Developing an appreciation of classical music is within the reach of everyone. Sometimes our lack of exposure, lack of confidence, and a feeling of not knowing where to start in the classical music world keeps us from exploring this inexhaustible treasure trove. You don't need any music education to enjoy this course, and by the end, you'll be able to wade into the world of classical music and discover your favorites.

Paris and the Birth of Modern Art

MONDAYS | March 2, 9, 16, 23
2 - 3:30 p.m.

\$35

Presenter: Susanna Sosa

Between 1900 and 1914, Paris was a magnet for artists who pushed art in radical new directions. Henri Matisse, Pablo Picasso, Georges Braque and Robert Delaunay were among those whose work expressed modern visions. This course explores three key movements born in Paris that gave birth to modern 20th century art: Fauvism, Cubism and Orphism.

The Last Ship Preview

TUESDAY | March 3
10 - 11:30 a.m.

\$15

Presenter: Donald Munro

Inspired by the rock musician Sting's album "The Soul Cages" and his childhood experiences in an English shipbuilding town, this 2014 Broadway musical is coming to San Francisco with Sting himself playing a leading role. Veteran arts journalist and Broadway fan Donald Munro will help prepare you to appreciate the production even more with historical background on the decline of the shipbuilding industry, an account of the musical's fate on Broadway and an appreciation of Sting's original score. This class is a companion to the OLLI trip to see "The Last Ship", led by Munro, in San Francisco on March 18.

Understanding Impeachment

WEDNESDAYS | March 4, 11, 18
2 - 3:30 p.m.

\$35

Presenter: Dr. Thomas Holyoke

What does it take to impeach and remove the president of the United States? We don't know, because no president has ever been removed from office. We can draw some conclusions about impeachment from four cases where at least an impeachment investigation was done, and by considering the words of the U.S. Constitution and the Federalist Papers. In this course we will look through the historical documents from the Founders regarding impeachment, study the cases of Andrew Johnson, Richard Nixon, and Bill Clinton, and use all of this to assess where the country is at with the possible impeachment of the current president of the United States.

The Camera Picta or Painted Rooms of the Italian Renaissance and Baroque

THURSDAYS | March 5, 12, 19, 26
10:30 a.m. - 12 p.m.

\$35

Presenter: Dr. Gina Strumwasser

A unique development of the visual culture of Early Modern Europe was the Camera Picta, or the painted room. Motivated by Mantegna's renowned Mantuan chamber of 1474, artists began to adorn both walls and ceilings of palaces and churches with decorative frescoes. These provided for nobility and humble worshipper alike, an otherworldly image that challenged traditional painterly boundaries. The Quattrocento, Cinquecento and the Seicento informed later artists who imitated their remarkable skills by transforming common spaces into extraordinary chambers. From secular palaces to hallowed halls, these illusionist ceilings and feigned settings provided visual fodder for Western Europe of the 18th century.

OLLI COURSES

Central Valley Religions

TUESDAYS | March 10 (lecture), 17 (visit)

WEDNESDAY | March 18 (visit)

11 a.m. - 12:30 p.m.

\$25

Presenter: Ron Orozco

Former Fresno Bee reporter Ron Orozco reported on hundreds of places of worship during his time as the newspaper's religion reporter. In this course you will be introduced to faiths observed by many in the Armenian population, first with an in-class instructor overview, followed by onsite visits to learn more. You'll provide your own transportation and meet the instructor at the places of worship. The class will visit Holy Trinity Armenian Apostolic Church on March 17, and First Armenian Presbyterian Church on March 18. Details on visits will be provided in the March 10 class.

Acrylic Painting Basics

FRIDAY | March 13

2 - 4 p.m.

\$50

Presenter: Laura Fraedrich

Channel your inner artist and join us for a fun session of painting with acrylics! You can choose from a variety of patterns to get your project started, or feel free to create your own design. You'll learn several different painting techniques, color mixing basics, and more. No experience necessary. Let your creative juices flow in a relaxed and encouraging atmosphere. Bring an apron if you wish. All materials are provided.

Spring Blossoms in Watercolor

FRIDAY | March 20

2 - 4 p.m.

\$50

Presenter: Laura Fraedrich

Celebrate the arrival of spring by painting a beautiful watercolor floral. You'll learn different techniques such as layering, wet into wet painting, splattering and more to add eye-catching color to your pieces. No experience necessary. Join us and you just might find a new and exciting hobby. All materials are provided.

Protecting Yourself from Identity Theft and Scams

FRIDAY | March 20

2 - 3:30 p.m.

\$15

Presenter: Detective David Passmore

Det. Dave Passmore from the Fresno Police Department Financial Crimes/Elder Abuse Unit will review ways to protect your private information from identity theft. He'll also outline scams being operated by those who are trying to get your money or personal details. This informative session will help you keep your personal information better protected.

Estate Planning

MONDAY | March 23

2 - 4 p.m.

\$15

Presenter: Kim K. Herold, J.D.



Many people believe that estate planning is necessary only if you are very wealthy and need tax planning or if you are elderly and need planning for the worst-case scenario. The truth of the matter is that if you own any possessions, you have an estate and you need to plan what to do with it upon your incompetency and/or death. Planning is a tremendous favor to yourself, and a kind and loving act for your loved ones. We will explore the various planning options available to you. We will also discuss how your estate, including a living trust, is administered when you depart this earth.

Fresno's History - The Late 1800s and Early 1900s

THURSDAYS | March 26; April 2
2 - 3:30 p.m.

\$25

Presenter: Dr. Jeannine Raymond

Take a visual tour of early Fresno and learn about the city's beginnings through the people who came here - what they did and what they built. Starting in 1872, we will follow the evolution of the town over the next 45 years, highlighting the activities of its early founders. Learn where to find remnants of those early beginnings still visible in Fresno today but sometimes hidden in plain sight!

Canvas Tote Bag Painting

MONDAY | April 6
2 - 4 p.m.

\$50

Presenter: Laura Fraedrich

Join us and make the ultimate portable work of art! Impress everyone you cross paths with daily by carrying your reusable canvas tote featuring your own artwork. We will use a variety of fabric paints, markers and stencils to create your own unique design. Plenty of inspiration will be provided. You'll never leave your shopping bag at home or in the car again because you'll be so excited to show this off to the world! Bring an apron if you wish. All materials are provided.

Current Events Discussion

MONDAYS | April 13, 20, 27
10 - 11:30 a.m.

\$25

Presenter: Lanny Larson

Information comes at us with such velocity and volume; it is hard to keep up. And it seems harder still to express our opinions about what we read, see, hear and hear about in a thoughtful way, even with others who don't share our point of view. Lanny Larson, retired from a 50-year career editing and reporting news, will lead discussions about current events, reliable sources, civilized disagreement and more.

Fiction Writing Workshop

MONDAYS | April 13, 20, 27; May 4
2 - 3:30 p.m.

\$35

Presenter: Tanya Nichols, MFA

Whether your goal is to write a novel or a short story, it all begins with an idea and some magic word. In this workshop we will explore the craft and magic of fiction writing. We will write stories, read stories, and respond to each others' work, while we build skills to enhance story telling. This workshop is appropriate for all levels of writers.

Publishing for the Aspiring Author

TUESDAY | April 14
10 a.m. - 12 p.m.

\$15

Presenters: Heather Parish and Jaguar Bennett

What's the difference between traditional publishing and self-publishing and which is the best option for you? This overview on the ins-and-outs of the publishing world will help aspiring authors better know what to expect when pursuing a publishing contract or publishing for themselves. Jaguar Bennett and Heather Parish use their 17 years of experience in the industry to guide you to the right options for your book.

The Azores: History, People and Traditions

TUESDAYS | April 14, 21, 28; May 5
3 - 4:30 p.m.

\$35

Presenter: Dennis Borges

The course will focus on the islands of the Azores, where most Californians of Portuguese ancestry can trace their roots. The course will give an overview of the islands, the geography, history, people and traditions. The Azores are islands known for dramatic landscapes, fishing villages, green pastures and abundant floral displays.

OLLI COURSES

Netflix and You Tube TV

TUESDAY | April 14
2 - 4 p.m.

\$15

Presenter: Cristian Juarez

Why give cable companies hundreds of dollars when the future is here? Use Netflix to watch series and movies on your TV, mobile or tablet device or learn how to use the same devices to watch TV programming through YouTube TV much more cheaply than regular providers. Stream full seasons of exclusive series, hit movies, and current episodes with no hidden fees, or equipment rentals. **Please have your Netflix and YouTube TV account(s) established on your device before the session as that will not be covered.**

Become Your Own Healer

FRIDAYS | April 17, 24; May 1
2 - 3:30 p.m.

\$25

Presenter: Claudette Hayes



The class will dive deep into powerful tools that will create a bridge between a healthy mind and a healthy body. Fundamental principles of meditation will be taught, explored, and practiced. This helps to connect us with inner joy, become heart-centered, and open the door to endless possibilities.

Contemporary Poetry

FRIDAYS | April 17, 24; May 1, 8
2 - 4 p.m.

\$35

Presenter: David Campos

Discover the diverse world of contemporary poetry. From the abstract to the concrete to the formal, embark on your poetic journey today, and live in your imagination forever. We will read some of today's best poets and then use them as models to write our own. Bring Pens. Bring paper. Bring your wild imagination.

Unlock Your Creativity!

MONDAYS | April 20, 27; May 4
10 a.m. - 12 p.m.

\$40

Presenters: Shannon Bickford and Valerie Runningwolf

Can we learn to be more creative? The answer is yes! Explore the creativity you've always had. Discover new pathways to inspiration. This class will include hands-on art activities, lectures, and experiences—and lots of fun—to help us understand the nature of creativity and how we can use it. Shannon Bickford is an exhibiting artist and art teacher who has completed research in the area of creativity. Valerie Runningwolf is a mixed-media artist and art instructor whose art is featured in collections world-wide. Fee includes materials.

Apple Music and Apple TV+

TUESDAY | April 21
2 - 4 p.m.

\$15

Presenter: Cristian Juarez

Come and find out how to get the most of Apple's newest offers – Apple Music and Apple TV+. Apple TV+ is a new subscription video service of Apple Inc. that focuses on releasing original content available only to Apple customers, featuring some of the biggest stars in Hollywood. Similarly, Apple Music allows you to stream any artist included in Apple's library at one membership cost. **Note: It is best to have Apple Music and Apple TV+ account(s) established before the session as that will not be covered, but it is not required.**

The Watkins Photographic Archive Project: It's History, Highlights and More

TUESDAY | April 21
10:30 a.m. - 12 p.m.

\$15

Presenter: Howard K. Watkins



Come learn about the project's 47-year history of documenting much of the greater Fresno community through more than 300,000 photographs. Due to the breadth of this collection, both the City and the County of Fresno have designated Howard as their official Photo Laureate, (Pop Laval being the first). Howard will share some iconic photographs and the stories behind them and tell you how to access his photographs free for personal use. He will also offer some tips on taking better photos and plans for making the project more user-friendly.

Opera Appreciation

THURSDAYS | April 23, 30; May 7
2 - 3:30 p.m.

\$25

Presenter: Terry Lewis



Do you love opera? Or do you know nothing about it, but maybe you'd like to experience more? Come listen to, watch, and learn about this beautiful art form. We will trace the history of opera from the Baroque to the modern day, and listen to some of the world's greatest singers in their greatest roles. Expand your appreciation of music in this informative class.

Adventures in Genius, Part 1, Europe

THURSDAYS | April 30; May 7
10 - 11:30 a.m.

\$25

Presenter: Gary Walker

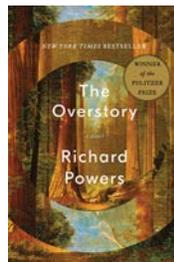
We will study and discuss the lives and legacies of Leonardo da Vinci, Voltaire, Napoleon and Charles Dickens, including how their genius was based on skills we can improve in ourselves. These include passionate curiosity, careful observation and a vivid imagination.

► **FRIDAY, JANUARY 31**
The Woman Who Smashed Codes by Jason Fagone



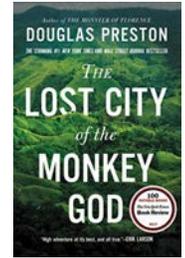
An incredible true story of the greatest codebreaking duo that ever lived, an American woman and her husband who invented the modern science of cryptology together and used it to confront the evils of their time, solving puzzles that unmasked Nazi spies and helped win World War II. In 1916, at the height of World War I, brilliant Shakespeare expert Elizabeth Smith went to work for an eccentric tycoon on his estate outside Chicago. The tycoon had close ties to the U.S. government, and he soon asked Elizabeth to apply her language skills to an exciting new venture: code-breaking. There she met the man who would become her husband, groundbreaking cryptologist William Friedman. Smith used her talents to catch gangsters and smugglers during Prohibition, then accepted a covert mission to discover and expose Nazi spy rings that were spreading like wildfire across South America, advancing ever closer to the United States. Meanwhile, inside an Army vault in Washington, William worked furiously to break Purple, the Japanese version of Enigma—and eventually succeeded.

► **FRIDAY, APRIL 3**
The Overstory by Richard Powers



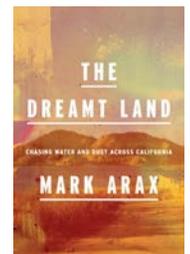
The Overstory, winner of the Pulitzer Prize in Fiction, is a sweeping, impassioned work of activism and resistance that is also a stunning evocation of—and paean to—the natural world. From the roots to the crown and back to the seeds, Richard Powers' novel unfolds in concentric rings of interlocking fables that range from antebellum New York to the late twentieth-century Timber Wars of the Pacific Northwest and beyond. There is a world alongside ours—vast, slow, interconnected, resourceful, magnificently inventive, and almost invisible to us. This is the story of a handful of people who learn how to see that world and who are drawn up into its unfolding catastrophe.

► **FRIDAY, FEBRUARY 28**
The Lost City of the Monkey God by Douglas Preston



A five-hundred-year-old legend. An ancient curse. A stunning medical mystery. And a pioneering journey into the unknown heart of the world's densest jungle. Since the days of conquistador Hernán Cortés, rumors have circulated about a lost city of immense wealth hidden somewhere in the Honduran interior, called the White City or the Lost City of the Monkey God. Indigenous tribes speak of ancestors who fled there to escape the Spanish invaders, and they warn that anyone who enters this sacred city will fall ill and die. In 1940, journalist Theodore Morde returned from the rainforest with hundreds of artifacts and an electrifying story of having found the Lost City of the Monkey God—but then committed suicide without revealing its location. Three quarters of a century later, author Doug Preston joined a team of scientists on a groundbreaking new quest. In 2012 he climbed aboard a rickety, single-engine plane carrying the machine that would change everything: lidar, a highly advanced, classified technology that could map the terrain under the densest rainforest canopy. In an unexplored valley ringed by steep mountains, that flight revealed the unmistakable image of a sprawling metropolis, tantalizing evidence of not just an undiscovered city but an enigmatic, lost civilization. But it wasn't until they returned that tragedy struck: Preston and others found they had contracted in the ruins a horrifying, sometimes lethal-and incurable-disease.

► **FRIDAY, MAY 8**
The Dreamt Land by Mark Arax



A vivid, searching journey into California's capture of water and soil—the epic story of a people's defiance of nature and the wonders, and ruin, it has wrought. Mark Arax is from a family of Central Valley farmers, a writer with deep ties to the land who has watched the battles over water intensify even as California lurches from drought to flood and back again. In The Dreamt Land, he travels the state to explore the one-of-a-kind distribution system, built in the 1940s, '50s and '60s, that is straining to keep up with California's relentless growth. This is a heartfelt, beautifully written book about the land and the people who have worked it—from gold miners to wheat ranchers to small fruit farmers and today's Big Ag.

Please Note:

There may be delays on field trips beyond our control: weather, traffic or other unanticipated issues. We ask for your patience.

Armenian Cooking - A Delicious Lesson in History and Culture

This presentation of Armenian history, anecdotes and food features Luci Kazanjian Greyson, president of the California Armenian Home board and long-time creator of specialty Armenian dishes. She will share her pilaf recipe along with green bean casserole, a perfect dish for cold winter days. Bring your curiosity and appetite! You will have the opportunity to take home recipes to create culinary traditions in your own kitchen.



FEBRUARY 7 | Friday | 1:30 - 3:30 p.m.

- ▶ **Location:** The Vineyards at the California Armenian Home, 6694 E. Kings Canyon Rd., Fresno
- ▶ **Members:** \$15 **Non-Members:** \$20
Price includes admission.
- ▶ **Maximum Capacity:** 50
- ▶ **Last Day to Register:** January 31

The Last Ship Musical



MARCH 18 | Wednesday | 8 a.m. - 9 p.m.

- ▶ **Location:** Golden Gate Theatre, San Francisco, CA
- ▶ **Members:** \$200 **Non-Members:** \$225
Price includes transportation and admission.
- ▶ **Maximum Capacity:** 40
- ▶ **Last Day to Register:** February 21

Join us for a visit the acclaimed new musical starring and with music and lyrics by internationally renowned musician Sting, first played on Broadway where it earned a Tony Award-nomination for Sting's score. This personal, political and passionate new musical from multiple Grammy Award-winner Sting, is an epic account of a family, a community and a great act of defiance. With original music and lyrics by Sting, THE LAST SHIP also features a few of his best-loved songs, including Island of Souls, All This Time, and When We Dance. The production, which was initially inspired by Sting's 1991 album "The Soul Cages" and his own childhood experiences, tells the story of a community amid the demise of the shipbuilding industry in Tyne and Wear, with the closure of the Swan Hunter shipyard and when the last ship sails. Arts journalist Donald Munro will accompany the trip.

ADVENTURES

Forestiery Underground Gardens

In the early 1900s, Sicilian immigrant, citrus grower and visionary Baldassare Forestiere began turning what was useless farmland into a vast network of rooms, tunnels and courtyards as a subterranean escape from the sweltering Central Valley summer heat. Using only shovels, picks and other hand tools, Baldassare was inspired to excavate for 40 years, going as deep as 25 feet underground and spanning over 10 acres. He grew fruit trees and grapevines underground - many of which are still thriving today!

Accompanied by a tour guide, you'll learn about the life and work of Baldassare Forestiere and see some of his grandest creations. We will also visit two areas of the garden that are not open to the public.

NOTE: This tour requires walking and standing on uneven, unpaved surfaces. The facility cannot accommodate wheel-chairs.



April 3 | Friday | 3 - 5 p.m.

- ▶ **Location:** 5021 W. Shaw Ave., Fresno
- ▶ **Members:** \$25 **Non-Members:** \$30
Price includes admission only.
- ▶ **Maximum Capacity:** 40
- ▶ **Last Day to Register:** March 19

Chaffee Zoo Behind The Scenes



Join us for a special opportunity to explore the Chaffee Zoo behind-the-scenes as we view up to three zookeeper and animal spaces not typically seen by the public. Learn about animal care, exhibit design, and conservation programs during this in-depth tour of the zoo facilities. Some of the many spaces available for touring are: the zoo hospital, African elephant barn, Reptile House, and Sea Lion Cove kitchen. Behind-the-scenes departments vary and will be announced on the day of the tour.



APRIL 16 | Thursday | 10 a.m. - 12 p.m.

- ▶ **Location:** 894 W. Belmont Ave., Fresno
- ▶ **Members:** \$30 **Non-Members:** \$35
Price includes admission only.
- ▶ **Maximum Capacity:** 40
- ▶ **Last Day to Register:** April 1

Gazebo Gardens Terrarium Basics



Add a little green to your indoor space with an eye-catching terrarium. Not only are they a great oxygen booster, but terrariums are also easy to create and fit into any décor. You'll get access to all the materials you need to craft a terrarium of your very own.

APRIL 17 | Friday | 10 a.m. - 12 p.m.

- ▶ **Location:** 3204 N. Van Ness Blvd., Fresno
- ▶ **Members:** \$45 **Non-Members:** \$55
Price includes admission only.
- ▶ **Maximum Capacity:** 40
- ▶ **Last Day to Register:** March 26

Gazebo Gardens Succulent Planters

What better way to “welcome spring” than with a beautiful live succulent planter you’ll create and appreciate? In this fun workshop, you’ll get your hands dirty while learning all about how to design with and care for succulents. We’ll discuss what succulents are, and how to care for them. You’ll get to pick from a selection of succulents and other items to decorate your planter. There will be plenty of demonstrations and hands-on help along the way.

APRIL 24 | Friday | 10 a.m. - 12 p.m.

- ▶ **Location:** 3204 N. Van Ness Blvd., Fresno
- ▶ **Members:** \$45 **Non-Members:** \$55
Price includes admission only.
- ▶ **Maximum Capacity:** 40
- ▶ **Last Day to Register:** April 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10:30 AM Paranormal 2 PM Arts Conversations	4 2 PM Siri	5 10 AM Tai Chi 2:30 PM Founding Documents	6 10 AM Digital Photography 2 PM Estate Trustee	7 1:30 PM Armenian Cooking
10 10:30 AM Paranormal 2 PM Travel Tips	11 2 PM iOS13 2 PM Grand Jury	12 10 AM Tai Chi 2:30 PM Founding Documents	13 10 AM Digital Photography 10:30 AM Asian Cinema	14 3 PM Quantum Optics
17 Presidents Day Campus Closed	18 2 PM Rural California 2 PM Uber & Lyft	19 12 PM Hiring Lawyers 2:30 PM Founding Documents	20 10 AM Digital Photography 10:30 AM Asian Cinema 3 PM Native American Research	21 2 PM Age Well Drive Smart
24 10:30 AM Paranormal 10 AM Poetry Writing 2 PM Arts Conversations 3 PM Messages in Music	25 2 PM Rural California	26 2:30 PM Founding Documents	27 10 AM Digital Photography 2 PM Classical Music	28 9:30 AM Book Club

MARCH 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10 AM Poetry Writing 2 PM Modern Art	3 10 AM Last Ship Preview 2 PM Rural California	4 2 PM Impeachment	5 10:30 AM Painted Rooms 2 PM Classical Music	6
9 10 AM Poetry Writing 2 PM Modern Art	10 11 AM Central Valley Religions 2 PM Rural California	11 2 PM Impeachment	12 10:30 AM Painted Rooms 2 PM Classical Music	13 2 PM Acrylic Painting
16 10 AM Poetry Writing 2 PM Arts Conversations 2 PM Modern Art	17 11 AM Holy Trinity Church 2 PM Rural California	18 8 AM The Last Ship 11 AM First Armenian Church 2 PM Impeachment	19 10:30 AM Painted Rooms 2 PM Classical Music	20 2 PM Spring Blossoms Painting 2 PM Identity Theft
23 10 AM Poetry Writing 2 PM Estate Planning 2 PM Modern Art	24 3 PM Triumphant Over Adversity	25	26 10:30 AM Painted Rooms 2 PM Fresno History	27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 3 PM GMO: Friend or Foe?	2	3 9:30 AM Book Club 3 PM Underground Gardens
6 10 AM Poetry Writing 2 PM Tote Bag Painting	7	8	9	10
13 10 AM Current Events 2 PM Fiction Writing 2 PM Arts Conversations	14 10 AM Publish Your Book 2 PM Netflix & YouTube TV 3 PM The Azores	15	16 10 AM Chaffee Zoo	17 10 AM Terrarium Basics 2 PM Be Your Own Healer 2 PM Contemporary Poetry Writing
20 10 AM Current Events 10 AM Unlock Creativity 2 PM Fiction Writing	21 10:30 AM Watkins Photo Archive 2 PM Apple Music 3 PM The Azores	22	23 2 PM Opera Appreciation	24 10 AM Succulents 2 PM Be Your Own Healer 2 PM Contemporary Poetry Writing
27 10 AM Current Events 10 AM Unlock Creativity 2 PM Fiction Writing	28 3 PM The Azores	29 3 PM Good News About the Valley	30 10 AM Adventures in Genius 2 PM Opera Appreciation	1 2 PM Be Your Own Healer 2 PM Contemporary Poetry Writing

MAY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 10 AM Unlock Creativity 2 PM Fiction Writing	5 3 PM The Azores	6	7 10 AM Adventures in Genius 2 PM Opera Appreciation	8 9:30 AM Book Club 2 PM Contemporary Poetry Writing
11	12	13	14	15
18	19	20	21	22



Leaving a **BOLD** Legacy

Did you know that you can leave a future gift to the Osher Lifelong Learning Institute?

Make a bold statement by remembering Fresno State's Osher Lifelong Learning Institute through your will, trust, retirement plans or life income gift. The office of Planned Giving can help you identify creative giving strategies that provide for you and your loved ones, while also leaving a legacy that will bring new resources for a future of living inspired.

fresnostate.giftlegacy.com

FRESNO STATE

Discovery. Diversity. Distinction.



OLLI Registration Form **SPRING 2020**

- New Member
- Returning Member

- ▶ Please print clearly
- ▶ Be sure to complete both sides of form

Member Information

Name(s) _____

Mailing Address _____

City _____ State _____ Zip _____

Email Address _____

Phone _____ Cell Phone _____

Prior or Current Occupation _____

Are you a Fresno State Alumna/us? Yes No Year of graduation _____ Degree _____

Your Age Group 50-60 61-70 71-80 81-90 90+

How did you hear about the Fresno State OLLI?

Previously a member Friend Newspaper Catalog Online Other: _____

SPRING 2020 Selections

Membership Fee \$40 ___ x \$40 \$ _____

Total for OLLI Courses (from side 2) \$ _____

Total for Adventures (from side 2) \$ _____

Any Additional Gift to OLLI \$ _____

Please check to request a parking pass

TOTAL DUE \$ _____

OLLI Members and friends of the Osher Institute are encouraged to consider making a tax deductible gift to the Osher Lifelong Learning Institute. Yours is a gift of learning that helps us continue to provide excellent lifelong learning opportunities and to keep OLLI fees affordable.

PAYMENT

We accept checks or money orders made payable to **FRESNO STATE FOUNDATION.**

We cannot accept any registrations by phone.

Pease return this 2-page form and payment to:

Fresno State OLLI
5005 N. Maple Avenue M/S ED76
Fresno, CA 93740-8025

Credit Cards: If you are paying by credit card, please complete the form below. This information will be destroyed after registration is processed.

Card Type Visa Mastercard AmEx

Name on card _____

Card Number _____

Expiration Date _____ Security Code _____

OLLI Courses ▶ Available only to current members

Select	Start	Course	Fee	Total
	2/3	Ghosts and Hauntings	\$25	
	2/3	Conversations: Local Arts Scene	\$35	
	2/4	Put Siri to Work for You	\$15	
	2/5	Tai Chi – Deeper Insight	\$25	
	2/5	America’s Founding Documents	\$35	
	2/6	How to Use Your Digital Camera	\$35	
	2/6	I Was Named Trustee of a Trust	\$15	
	2/10	How to Travel: Advice and Tips	\$15	
	2/11	iOS15	\$15	
	2/11	How to be a Grand Juror	\$15	
	2/13	Masterworks of Asian Cinema	\$25	
	2/18	The Remaking of Rural CA	\$40	
	2/18	Uber and Lyft	\$15	
	2/19	Know When to Hire a Lawyer	\$15	
	2/21	Age Well, Drive Smart	\$15	
	2/24	Poetry: Develop Your Voice	\$50	
	2/24	Classical Choral Music Secrets	\$15	
	2/27	Introduction to Classical Music	\$35	
	3/2	Paris & the Birth of Modern Art	\$35	
	3/3	The Last Ship Preview Class	\$15	
	3/4	Understanding Impeachment	\$35	
	3/5	Italian Renaissance	\$35	
	3/10	Central Valley Religions	\$25	
	3/13	Acrylic Painting Basics	\$50	
	3/20	Spring Blossoms in Watercolor	\$50	
	3/20	Identity Theft and Scams	\$15	
	3/23	Estate Planning	\$15	
	3/26	Fresno’s History	\$25	
	4/6	Canvas Tote Bag Painting	\$50	
	4/13	Current Events Discussion	\$25	
	4/13	Fiction Writing Workshop	\$35	
	4/14	Publishing for Aspiring Authors	\$15	
	4/14	The Azores	\$35	
	4/14	Netflix and YouTube TV	\$15	
	4/17	Become Your Own Healer	\$25	
	4/17	Contemporary Poetry Writing	\$35	
	4/20	Unlock Your Creativity	\$40	
	4/21	Apple Music and Apple TV+	\$15	
	4/21	Watkins Photographic Archive	\$15	
	4/23	Opera Appreciation	\$25	
	4/30	Adventures in Genius	\$25	

Book Club

▶ Available to current members

_____ \$15 \$_____ Total

Adventures

▶ Available to current members and non-members

Date	Adventure
2/7	Armenian Cooking - A Delicious Lesson in History and Culture _____ \$15 Member _____ \$20 Non-Member \$_____ Total
3/18	The Last Ship Musical _____ \$200 Member _____ \$225 Non-Member \$_____ Total
4/3	Forestiere Underground Gardens _____ \$25 Member _____ \$30 Non-Member \$_____ Total
4/16	Chaffee Zoo _____ \$30 Member _____ \$35 Non-Member \$_____ Total
4/17	Gazebo Gardens Terrarium Basic _____ \$45 Member _____ \$55 Non-Member \$_____ Total
4/24	Gazebo Gardens Succulent Planters _____ \$45 Member _____ \$55 Non-Member \$_____ Total
TOTAL: BOOK CLUB \$_____	
TOTAL: COURSES \$_____	
TOTAL: ADVENTURES \$_____	

▶ CLASS LOCATIONS

We have had to find alternate space to hold OLLI classes and most likely will have no classes in the University Business Center. When you register, your confirmation will indicate the location of your class, along with a map to help you find it.

▶ ALTERNATIVE TRANSPORTATION

Senior Scrip Program

Fresno County residents 70 years of age and better are eligible for a 75% discount on ride fares by purchasing senior scrip in their choice of paper scrip for use with taxi rides, or in electronic credit for use with Lyft/Uber rides. It's a great way to save money on ride services!

For more information, please visit: www.fresnocog.org/measure-c-taxi-scrip.

▶ OLLI TEACHING OPPORTUNITIES

Share your expertise with our OLLI members who are energized and interested in a wide variety of topics. Teach about your interests, expertise or talents! Download and complete Course Proposal Form at: www.fresnostate.edu/cge/olli.

Please contact Jill Wagner (jiwagner@csufresno.edu) for more information.





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CHANGE SERVICE REQUESTED

Live Inspired!

What is OLLI?

The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people.

Come learn for the love of learning!

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