



SUMMER 2022 CATALOG

FRESNO STATE
Continuing and Global Education

Keynote Speakers
Short Courses

Primarily online
Some in-person options

For those age 50
and better!



Live Inspired!

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The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!

1

BECOME A MEMBER

You can join OLLI anytime of the year. Memberships for summer are only \$15 while spring and fall semesters are \$40 each. Membership fees are non-refundable and non-transferable.

- Members Receive:
- Admission to all Keynote Talks for the term of the membership
 - Opportunity to register for OLLI courses and activities
 - Information on Fresno State events

2

REGISTER FOR OLLI COURSES

- Our summer offerings are a mix of in-person, online and hybrid, but are mostly online. We know that gas prices and the summer heat make staying in more attractive.
- Courses and activities are open ONLY to OLLI members
- Enjoy a wide variety of interesting topics
- Registrations processed on a first-come, first-served basis
- OLLI Courses and activities are self-supporting - a minimum enrollment is required
- Course fees vary according to course length and are mostly non-refundable and non-transferable

You will notice that some courses are in-person AND online. We will do our best to offer these hybrid classes; however, those participating online may not be able to fully participate in the discussion due to technology limitations. We will do our best to provide the best experience possible, recognizing that glitches may happen. We thank you for your understanding.

3

REGISTER ONLINE

- It's super quick and easy to register and pay online. No paperwork to complete or mailing to do – just register online, pay through the secure payment portal, and you'll be registered in a flash.
- When you first use the online registration system, you will be prompted to provide information and you'll select a username and password.
- When you return to register in the future, all your information is already saved – just login and register!
- If you need help, please call 559.278.0008 and we will answer your questions. We cannot accept any registrations by phone.

4

INSTALL ZOOM

Zoom is the platform we use for our OLLI offerings.

It takes just a minute to get a FREE Zoom account. Please do not be intimidated: You can learn anything!

From your desktop or laptop computer:

- Go to **www.zoom.us** and click the blue box that says "sign up".

The image shows a screenshot of the Zoom sign-up page. At the top, it says "Sign Up Free". Below that is a text input field labeled "Your work email address". Underneath the input field, it says "Zoom is protected by reCAPTCHA and the Privacy Policy and Terms of Service apply." There is a blue "Sign Up" button. At the bottom, it says "By signing up, I agree to the Privacy Policy and Terms of Service."

From your phone or tablet:

- Apple device (iPhone, iPad):
Download Zoom from the Apple App store
- Android device (phone or tablet that's not an Apple product):
Download Zoom from the Google Play Store
- To participate in live video, Zoom will use the camera on your device (phone, laptop, tablet) if it has one.
- If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.

NOTE: You do not need to upgrade or pay for your account to participate in the OLLI Zoom. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.

If you cannot log in to a video platform, you can listen to classes via telephone. The phone number to dial in to will be provided once you register.

5

SHARE YOUR OLLI ENTHUSIASM

- Invite your friends and family to join OLLI
- Post about your OLLI classes on your social media
- Follow the Fresno State OLLI on Facebook at www.facebook.com/FresnoStateOLLI/

GUIDANCE FOR IN-PERSON OLLI OFFERINGS

When you register, you will be asked to select "in-person" or "online" for our hybrid classes.

If you register for an in-person course and change your mind to attend online, please notify us so we can offer your in-person seat to those on the in-person waiting list.

We will follow campus health safety guidelines for in-person offerings and will notify you of any changes to the health protocol.

KEYNOTE SPEAKERS



Nancy McAfee

The Sistine Ceiling

JUNE 22 | Wednesday | 1 - 2:30 p.m. | ZOOM

We will look closely at the world's most famous ceiling to discover its history and learn how Michelangelo's passion (and talent) drove him to spend four years creating for the Church and the Pope. We will look at the ceiling's iconography and the most recent restoration that returned it to the glorious original colors painted in the 16th Century.

Eleanor Schrader, MBA

The History of Hotels

JULY 5 | Tuesday | 1 - 2:30 p.m. | ZOOM

The hotel industry in America began with rustic New England country inns and taverns, progressed to grand hotels with the growth of major American cities as spurred on by the railroads, and has culminated in the sophisticated boutique hotels of today. As America grew in population and prominence, the need for accommodations for travelers spurred the expansion of the hospitality industry while advancing the popular architectural styles of the time. The course will address the development of the industry, through discussion of architectural and interior styles and the unique regional and cultural influences from various regions throughout the United States.



KEYNOTE SPEAKERS

Dr. Rais Vohra

Navigating from Pandemic to Endemic - Living Your Life Safely

JULY 28 | Thursday | 1 - 2:30 p.m. | ZOOM



As the COVID-19 pandemic is likely transitioning into an endemic, we need to learn how to stay safe, but carry on with our lives and get back to doing our favorite things. Join Interim Fresno County Public Health Officer Dr. Rais Vohra for a discussion on lessons learned, what's on the horizon and how we can safely and smartly go about our lives.

Toni Tinoco & Augie Blancas

California High Speed Rail – It's Happening

AUGUST 4 | Thursday | 1 - 2:30 p.m. | ZOOM

California is leading the way, working to bring the first high-speed rail system to the United States. Come hear about the project's progress in the Central Valley, plans to expand the system in the future, and the impact the project will have on the state overall. We won't debate the project, but rather learn more details about its impact and progress.



CALIFORNIA
High-Speed Rail Authority



OLLI COURSES

Technology Changes Over 30 Years

MONDAY | June 13

1 - 2:30 p.m.

LOCATION: ZOOM

\$15

Presenter: Kevin Sebesta, MBA

Want to travel back, and through technology-time with a geek? A light-hearted discussion walking through all types of personal technology changes from the eyes of a geek. Review amazing advancements that we take for granted every day. See how these personal technologies improved upon themselves and improved our lives. Kevin will include a short preview of future technology being created now.

Chemistry in the Real World Part 1

TUESDAYS | June 14, 21, 28, July 12

10 - 11:30 a.m.

LOCATION: ZOOM

\$40

Presenter: Dr. Kjir Hendrickson

Far from being a dull process of balancing equations and writing symbols, chemistry is nothing less than what happens inside us and all around us, all the time. Have you wondered why barns are painted red, or whether the alchemists were onto something when they tried to make gold from lead? Have you pondered the line between a pharmaceutical and a poison, or been curious about what really makes up a nutritious diet (without all the hype you find searching the internet)? This course will address the answers to these questions and more in a fun and equation-free tour of real world chemistry.



Architectural Oddities: An Off-the-Beaten-Path Look at Non-Conventional Architecture

WEDNESDAYS | June 15, 22, 29, July 6

10 - 11:30 a.m.

LOCATION: ZOOM

\$40

Presenter: Eleanor Schrader, MBA

Architectural history follows a canon of both traditional and eclectic styles from ancient to contemporary times, but what happens when a mix of whimsy, eccentricity, and humor—and sometimes the creator's genius—insert themselves into the mix? Occurring throughout time and in various parts of the world, these structures exist to serve the cultures they were created for, from ancient religious sites to modern car-culture merriment. This course will explore a myriad variety of structures set against the backdrop of the societies in which they existed, the construction methods used, the patrons for whom these structures were constructed, and the notions of the builders and architects who created them.

Tai Chi

WEDNESDAYS | June 15, 22, 29, July 13

3 - 4:30 p.m.

LOCATION: ED140

\$40

Presenter: David Ortiz

A wellness exercise program for everyone and everybody, Tai Chi is an ancient Chinese style of martial arts comprised of exercises that emphasize breathing control along with whole-body movements with bent knees and slow-flowing motions. Tai Chi exercises can be modified according to physical conditions, allowing each person to perform within their range of motion. Tai Chi builds strength, and stamina and improves balance, as well as physical and mental concentration.

How to Use and Have Fun with your Digital Camera or Photo Capture Device!

THURSDAYS | June 16, 23, 30, July 7, 14

10:00 - 11:30 a.m.

LOCATION: ED140

\$50

Presenter: Ken McCoy

Bring your camera/device and get ready to have fun, learn some features, and participate in weekly reviews on assignments designed to help you learn! There will be tips for photographing: people, travel events, flowers, and home projects. Taking notes is also recommended.

The State of Space

MONDAY | June 27

10 - 11:30 a.m.

LOCATION: ED140 and ZOOM

\$15

Presenter: Larry Parmeter

The Russian invasion of Ukraine has upset current geopolitics, including the various national space programs. The future of the International Space Station is clouded, as are many other programs, both Earth orbital, and planetary. The future of the Russian space program itself is in question due to the invasion. In the meantime, NASA is reevaluating its space future and China has an opportunity to become a major space power. This class will look at how the events of the past several months have affected what will happen in both human and robotic space exploration over the next several years.



Deception, Distortion, and Dupery: Double-dealings of the Brain

TUESDAY | July 5

10 - 11:30 a.m.

LOCATION: ZOOM

\$15

Presenter: Dr. Lynda Mae

It can be difficult to wrap our brains around the concept that the brain can fool itself. But, in fact, the brain often does just that, messing with our perceptions and/or biasing our attention, interpretation, and memory. In this engaging workshop, we will play a variety of brain games that demonstrate several of these phenomena and, in the process, help raise our awareness of such vulnerabilities. Finally, we'll explore how we can use this knowledge to help deflect misinformation and disinformation. – videos that are available for viewing on all types of devices, and in any location.

Those Plucky Women of World War II

WEDNESDAYS | July 6, 13, 20

1 - 2:30 p.m.

LOCATION: ZOOM

\$30

Presenter: Kayleen Reusser

Few believed they could do it. During World War II, 350,000 American women volunteered to join the Army, Navy, Coast Guard, and Army Air Corps. Many people disapproved of women in uniform, but the women persevered and outshone everyone's expectations.

Kayleen Reusser, the author of several books on World War II, has compiled an assortment of stories from interviews with women who served in various branches. From towing targets for live ammunition practice to nursing wounded men in France, these women responded wholeheartedly during their country's time of need and helped to win the war.



OLLI COURSES

John F. Kennedy in Berlin: Revisiting a Momentous Trip

MONDAY | July 11

3:30 - 5 p.m.

LOCATION: ZOOM

\$15

Presenter: Anette Isaacs

The President's 105th birthday is a wonderful occasion to remember his epoch-making visit to Berlin. For almost 45 years the German Metropolis, divided by a 98-mile-long concrete wall, was synonymous with the Cold War in Europe. Join German historian Anette Isaacs for a fascinating look back to this special Wednesday in June of 1963 that was so tremendous that it inspired the President to turn to his aide Ted Sorensen and say: "We'll never have another day like this one, as long as we live."



Sleeping and Dreaming

TUESDAYS | July 12, 19, 26, August 2

12 - 1:30 p.m.

LOCATION: ZOOM

\$40

Presenter: Dr. Lynda Mae

This four-part lecture series will explore the fascinating world of sleep and dreaming. Lecture I begins with an introduction to sleep, human variations, and some entertaining variations among other species. Lecture II explores the bizarre realm of dreaming, beginning with the process – just what is going on in the brain when we dream? Do we dream in color? Do blind people dream? Lecture III (sleep genetics) involves an active crash course in genetics, after which we will explore how much of your sleeping pattern is inherited and how we know this. Our final Lecture IV covers the functions and dysfunctions (disorders) of sleep and dreaming.

Chemistry in the Real World Part 2

WEDNESDAYS | July 13, 20, 27, August 3

10 - 11:30 a.m.

LOCATION: ZOOM

\$40

Presenter: Dr. Kjir Hendrickson

Chemistry is so much more than memorizing the periodic table (something chemists just don't do!) or balancing equations, and this class proves it. What's the difference between taste and smell, and why is the information we get from our tongue important to survival? Are dietary supplements important, and are they safe? Do we need to eat fatty fish, like salmon, to be healthy, and is there a difference between farmed and wild? What is nuclear power, where does it come from, and is it a safe and viable alternative to fossil fuels? These are just some of the real world topics covered in this fun, non-technical approach to chemistry.

"Mad" Ludwig II of Bavaria: Inside the Life and Mind of Germany's Fairytale King!

MONDAY | July 18

3:30 - 5 p.m.

LOCATION: ZOOM

\$15

Presenter: Anette Isaacs

Although he once famously said: "I wish to remain an eternal enigma to myself and to others", King Ludwig II. is perhaps the most illustrious of all Germans. Best known as an eccentric whose love for art (especially the music of Richard Wagner) and architecture is legendary, the young King had a charmed but also tragic existence. Join German Historian Anette Isaacs, M.A., as she unravels this "eternal enigma" and presents you with fascinating insights into the Fairytale King's amazing life!

Let's Talk About What's Happening

MONDAY | July 25

10 - 11:30 a.m.

LOCATION: ZOOM

\$15

Presenter: Lanny Larson

It's an election-year summer, with lots of ranting and posturing about inflation, women's reproductive rights, free speech, racial disparities, the Supreme Court, war in Ukraine, gun violence at home and more. Retired journalist Lanny Larson lowers the volume and the emotional temperature leading OLLI members on a thoughtful discussion of whatever current-events issues are on your mind.



NOTE: All in-person offerings are subject to change depending on public health and direction from the campus and the California State University.



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OUR SESSIONS
PROGRAM.



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MORE INFO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13 1 PM Technology Changes	14 10 AM Chemistry in the Real World Part 1	15 10 AM Architectural Oddities 3 PM Tai Chi	16 10 AM Using Your Digital Camera	17
20	21 10 AM Chemistry in the Real World Part 1	22 10 AM Architectural Oddities 1 PM The Sistine Ceiling 3 PM Tai Chi	23 10 AM Using Your Digital Camera	24
27 10 AM The State of Space	28 10 AM Chemistry in the Real World Part 1	29 10 AM Architectural Oddities 3 PM Tai Chi	30 10 AM Using Your Digital Camera	JULY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	

	5 10 AM Deception, Distortion 1 PM History of Hotels	6 10 AM Architectural Oddities 1 PM Women of WW II 3 PM Tai Chi	7 10 AM Using Your Digital Camera	8
11 3:30 PM John F. Kennedy in Berlin	12 10 AM Chemistry in the Real World Part 1 12 PM Sleeping and Dreaming	13 10 AM Chemistry in the Real World Part 2 1 PM Women of WW II 3 PM Tai Chi	14 10 AM Using Your Digital Camera	15
18 3:30 PM "Mad" Ludwig of Bavaria	19 12 PM Sleeping and Dreaming	20 10 AM Chemistry in the Real World Part 2 1 PM Women of WW II	21	22
25 10 AM Talk About What's Happening	26 12 PM Sleeping and Dreaming	27 10 AM Chemistry in the Real World Part 2	28 1 PM From Pandemic to Endemic	AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 12 PM Sleeping and Dreaming	3 10 AM Chemistry in the Real World Part 2	4 1 PM CA High Speed Rail	5



OLLI Registration Form

SUMMER 2022

- New Member
- Returning Member

▶ Register online at: www.fresnostate.edu/olli
It's quick, safe and easy to register online!

NOTE: Most of our Summer 2022 offerings are online.

Member Information

Name(s) _____

Mailing Address _____

City _____ State _____ Zip _____

Email Address _____

Phone _____ Cell Phone _____

If retired, what was your occupation? _____

Are you a Fresno State Alumna/us? Yes No Year of graduation _____ Degree _____

Your Age Group 50-60 61-70 71-80 81-90 90+ _____

How did you hear about the Fresno State OLLI?

Previously a member Friend Newspaper Catalog Online Other: _____

Summer 2022 Selections

Membership Fee \$15 _____ x \$15 \$_____

Total for OLLI Courses (from side 2) \$_____

Any Additional Gift to OLLI \$_____

TOTAL DUE \$_____

OLLI Members and friends of the Osher Institute are encouraged to consider making a tax deductible gift to the Osher Lifelong Learning Institute. Yours is a gift of learning that helps us continue to provide excellent lifelong learning opportunities and to keep OLLI fees affordable.

PAYMENT

We accept checks or money orders made payable to **FRESNO STATE FOUNDATION.**

We cannot accept any registrations by phone.

Please return this form and payment to:

Fresno State OLLI
5005 N. Maple Avenue M/S ED76
Fresno, CA 93740-8025

NOTE: Please see note at top of page about registering by mail.

Credit Cards: If you are paying by credit card, please complete the form below. This information will be destroyed after registration is processed.

Card Type Visa MasterCard AmEx

Name on card _____

Card Number _____

Expiration Date _____ Security Code _____

OLLI Courses ▶ Available only to current members

Select	Start	Course	Fee	Total
		LIVE IN-PERSON COURSES		
	6/15	Tai Chi	\$40	
	6/16	Using Your Digital Camera	\$50	
		HYBRID COURSES		
	6/27	The State of Space	\$15	
		ONLINE ZOOM COURSES		
	6/13	Technology Changes	\$15	
	6/14	Chemistry in the Real World Part 1	\$40	
	6/15	Architectural Oddities	\$40	
	7/5	Deception, Distortion, and Dupery	\$15	
	7/6	Plucky Women of World War II	\$30	
	7/11	John F. Kennedy in Berlin	\$15	
	7/12	Sleeping and Dreaming	\$40	
	7/13	Chemistry in the Real World Part 2	\$40	
	7/18	"Mad" Ludwig II of Bavaria	\$15	
	7/25	Talk About What's Happening	\$15	

TOTAL FOR COURSES \$_____

By participating in online OLLI offerings, when you register you agree that you grant permission for your name and likeness to be visible to OLLI staff, other members and the instructor - just like when you attend offerings in person.



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FRESNO STATE

Continuing and Global Education

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CHANGE SERVICE REQUESTED

Live Inspired!

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