

Live Inspired!

News and Updates from the Fresno State OLLI

Hi from Jill!

Well hello, May! How'd you get here?

As we continue to shelter in place, it's interesting how time "feels." April seemed to zoom by, yet at times it felt years long.

Our attitude is the one thing we can control in all of this and I have chosen to be more purposeful, to keep in contact with those I miss, and to rekindle some friendships.

Deni and I both miss seeing our members so much. You are part of our every day lives as we think about you, talk about you, see your names on our lists and continue to plan a program we hope you'll like.

To that end, page 2 of this newsletter features information on how to get started on Zoom, a video conferencing program that allows us to meet with others. Through Zoom, we can see and hear each other and you will soon enjoy OLLI classes via Zoom.

We invite you to our first Zoom open house(s), scheduled for next week. If you can't make it, others will be scheduled. We hope you will join us on Zoom so we can see each other again!

Jill

Jill Wagner is the Executive Director of the Fresno State OLLI



We Sure Did Get a Little Good News from Kay

by Lanny Larson

In March, gloomy about classes canceled and two books we didn't get to discuss, OLLI Book Club facilitator Kay Davies sent an email with uplifting news: Dates for fall book club sessions.

Facing health and economic gloom, we doom ourselves to our own despondency if we don't have good things to anticipate. Even with this delay, it's good that we'll discuss this term's "The Overstory" and The Dreamt Land" plus four books we'll soon choose. And we have more time to read.

Kay's humor glistened advising about grocery stores opening early for seniors: "Now, I am not implying anything, but I think many of us fit that description."

Kay shared that she's "spending my time reading, making a heritage album for my son and grandsons, gardening, walking, cleaning closets and talking – NOT texting (well maybe some of that, too) – family and friends near and far. Something I don't usually take the time to do."

I'm grateful Kay also took time to tend her OLLI Book Club "family" – offering us hope, humor and how-to-shelter tips, too.

Lanny Larson is a retired reporter and editor, an OLLI member and instructor, and a member of the Fresno State OLLI Advisory Council.

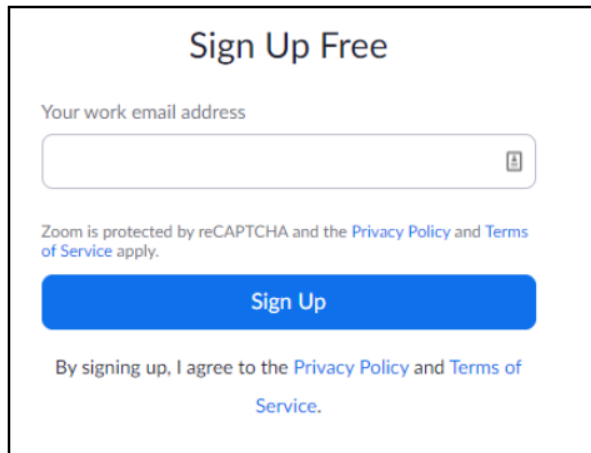
Let's ZOOM!

Zoom is a great platform to video conference, video chat and video learn and it's what we will use for our OLLI offerings in the near future.

It takes just a minute to get a FREE Zoom account. Please do not be intimidated: **You can learn anything!**

From your desktop or laptop computer:

Go to www.zoom.us and click the blue box that says "sign up".



NOTE: You do not need to upgrade or pay for your account to participate in the OLLI Zoom. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.

From your phone or tablet:

Apple device (iPhone, iPad) download Zoom from the Apple App store

Android device (phone or tablet that's not an Apple product) download Zoom from the Google Play Store

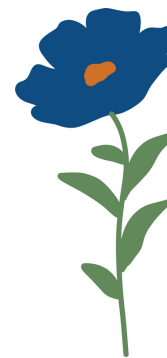
To get started, here is a great video you can watch on YouTube. Click [HERE](#) to view.

To participate in live video, Zoom will use the camera on your device (phone, laptop, tablet) if it has one. If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.

You're Invited!

Fresno State OLLI Zoom Open House

Select any or all!

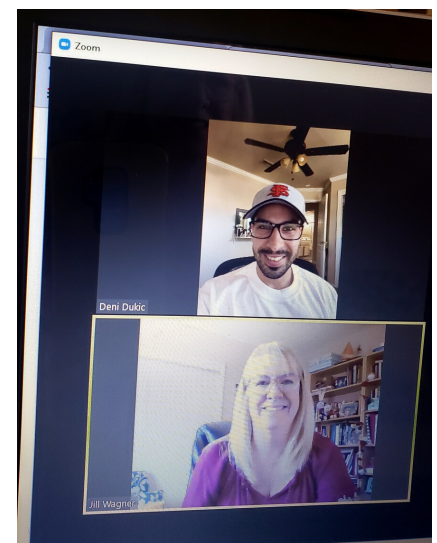


**5-5-20
at 2 p.m.**

**5-6-20
at 10 a.m.**

**5-7-20
at 4 p.m.**

To participate, please email osher@csufresno.edu with your name and date choice(s) and we will email you the invitation for the open house.



Deni and Jill on a Zoom call earlier this week!

Info & Resources

The Fresno State Farm

continues to operate. Read the story by clicking [HERE](#)

Gibson Farm Market is Open!

The Fresno State on-campus farm market is open because crops wait for no one. Please don't forget them for your favorite produce, milk, ice cream, dried fruits, meats, and wine, too. Click [HERE](#)

The Life and Imagination of Stan

Lee the comic book legend who created more than 500 pop culture icons is featured in the video [HERE](#)

The Fresno State Campus is in full-bloom and this video shows you all is well. View it [HERE](#)

Bon Appetit Pastry Chef Clair

Saffitz attempts to recreate commercially produced and popular foods like Oreos and Doritos - from scratch. Her videos are charming and immensely popular, and you'll learn a lot, too. She also offers basic baking instruction videos. Click [HERE](#) to see what's offered.

Member Input

Welcome!

We want to hear from you! Are you crafting, cooking, collecting or learning online? Share what you have been doing, or send a photo. You may see it in an upcoming issue.

Send your info/photos to:
jiwagner@csufresno.edu

More Zoom Help

Click [HERE](#) for info on using Zoom from phone or tablet

Click [HERE](#) for more Zoom basics and info on hosting your own Zoom meeting.

