

# Live Inspired!

## News and Updates from the Fresno State OLLI

### Checking In!

We hope you are doing great and finding resources and projects around the house to help you live inspired!

Members of our volunteer Advisory Council are phoning and emailing some of you to ensure we have the correct contact information because we've tried to reach you, but the phone number or email didn't work. We think you'll enjoy chatting with them.

We are in continual contact with our fellow OLLI programs and we are all sharing ideas to provide our members with online learning resources.

Finally, you will receive a letter from us via US Mail regarding refunds and such, hopefully the week of April 6, but it could be later.

We hope you are enjoying the beauty of spring blooming all around us!

Cheers!  
Jill

Please check our website for updates, too.  
[fresnostate.edu/olli](http://fresnostate.edu/olli)



### Tidbits

#### Touch-free Fueling

If you don't want to pump your own gas, visit the Shell station on the southeast corner of Maroa and Shields in Fresno.

Pull up to the pump, honk twice, and they will fill your gas tank (ages 65+).



#### Go On a Media Diet

Consuming a steady stream of distressing news about COVID-19 increases your stress and can negatively impact your stress level. Read this for tips on being intentional about your media consumption. Click [HERE](#)

#### Share Your Sheltering Suggestions

Are you crafting, cooking, collecting or learning online? Share what you have been doing, and even better, send a photo. You may see it in an upcoming issue.

Send your info./photos to:  
[jiwagner@csufresno.edu](mailto:jiwagner@csufresno.edu)

# Online Resources

There are some pretty great resources online - art, music, crafts, history - so much to learn. While we are away from each other we will share some great resources.

**Beyond Earth: 50 Years Since Apollo 11** The CSU Chico OLLI offers this free lecture Click [HERE](#)

**Why Do We Have the Electoral College?** See this lecture from the OLLI at the University of Michigan Click [HERE](#)

**The Philosophy of Love** presented by Fresno State OLLI favorite Dr. Andy Fiala can be viewed by clicking [HERE](#). And you can see the three other sessions by scrolling down this page [HERE](#)

You can view **talks by Fresno State professors** on a variety of subjects by clicking [HERE](#) - you'll find them more than halfway down the page.

**Google** offers lots of beauty on its **arts and culture page** Click [HERE](#)

The Kennedy Center Forums **offer free lectures from luminaries in their field**. Click on a topic you like and the video is right below the description. Click [HERE](#)



OLLI memories: (top) Advisory Council Members Nancy Busch and Mary Ellen Ogle helped coordinate an instructor appreciation lunch; (middle) Advisory Council Member Dawn Diestelkamp, and Member Kathleen Wright pose with Basics of Acting Instructor Laurie Pessano; (bottom) We are sad to say goodbye to wonderful OLLI Instructor Dr. Michelle Den Beste who is leaving Fresno State to become Provost at a university in Washington State. Thank you for being such a good friend of OLLI Dr. Den Beste!