



# SPRING 2023 CATALOG



**Keynote Speakers**  
**Short Courses**  
**Book Club**  
**Adventures**

**In-person and online  
learning options**

**For those age 50  
and better!**



# *Live Inspired!*

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The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!

## 1

### BECOME A MEMBER

You can join OLLI anytime of the year. Memberships for spring and fall semesters are \$40 each, and the summer session is \$15. Membership fees are non-refundable and non-transferable.

- Members Receive:
- Admission to all Keynote Talks for the term of the membership
  - Opportunity to register for OLLI courses and adventures
  - Information on Fresno State events

## 2

### REGISTER FOR OLLI COURSES AND ACTIVITIES

- Our spring offerings are a mix of in-person, online and hybrid
- Courses and activities are open ONLY to OLLI members
- Enjoy a wide variety of interesting topics
- Registrations processed on a first-come, first-served basis
- OLLI Courses and activities are self-supporting - a minimum enrollment is required
- Course fees vary according to course length

You will notice some courses are in-person AND online. We will do our best to offer these hybrid classes; however, those participating online may not be able to fully participate in the discussion due to technology limitations. We will do our best to provide the best experience possible, recognizing that glitches may happen. We thank you for your understanding. Course fees are non-transferable and non-refundable unless OLLI cancels the course.

When you register, you will be asked to select "in-person" or "online" for our hybrid courses. If you register for an in-person course and change your mind to attend online, please notify us so we can offer your in-person seat to those on the in-person waiting list.

We have campus rules and guidelines related to health protocols that may change in the course of a semester. All those registered for in-person OLLI offerings must comply with campus COVID-19 protocol. And if you do not feel well, please do not attend in-person offerings until you are recovered.

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## REGISTER ONLINE

- It's super quick and easy to register and pay online. No paperwork to complete or mailing to do – just register online, pay through the secure payment portal, and you'll be registered in a flash.
- When you first use the online registration system, you will be prompted to provide information and you'll select a username and password. When you return to register in the future, all your information is already saved – just login and register!
- If you need help, please call 559.278.0008 and we will answer your questions. We cannot accept any registrations by phone.

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## SHARE THE OLLI ENTHUSIASM

- **Invite your friends and family to join OLLI**
- Post about your OLLI classes on your social media
- Follow the Fresno State OLLI on Facebook at [www.facebook.com/FresnoStateOLLI/](http://www.facebook.com/FresnoStateOLLI/)

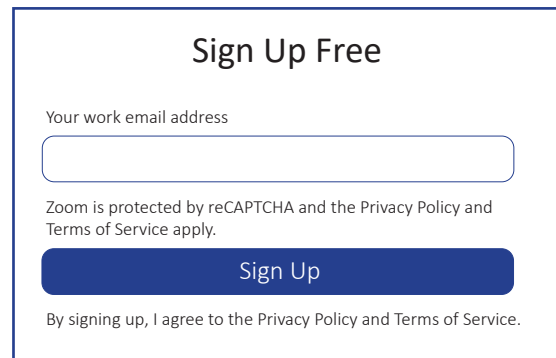
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## INSTALL ZOOM

Zoom is the platform we use for our OLLI offerings. It takes just a minute to get a FREE Zoom account. Please do not be intimidated: You can learn anything!

### From your desktop or laptop computer:

- Go to **[www.zoom.us](http://www.zoom.us)** and click the blue box that says "sign up".



**NOTE:** You do not need to upgrade or pay for your account to participate in the OLLI Zoom. Our license is through the university and allows you to participate fully. If you decide to host your own Zoom meetings with family, friends or interest groups, you may wish to upgrade someday - but there is no need to for OLLI.

### From your phone or tablet:

- Apple device (iPhone, iPad):  
Download Zoom from the Apple App store
- Android device (phone or tablet that's not an Apple product):  
Download Zoom from the Google Play Store
- To participate in live video, Zoom will use the camera on your device (phone, laptop, tablet) if it has one.
- If you do not have a camera on your device, you can listen in by phone but others won't be able to see you.
- If you cannot log in to a video platform, you can listen to classes via telephone. The phone number to dial in to will be provided once you register.

# KEYNOTE SPEAKERS



*Eleanor Schrader*

## The Western Works of Frank Lloyd Wright

**FEBRUARY 1 | Wednesday | 1 - 2:30 p.m. | ZOOM**

Frank Lloyd Wright's love affair with the Western part of the United States embodied a symbolic interaction between art, humans, and nature in his buildings. Moved by an environment so different from the context of his earlier works, he conceived works throughout the West. This course explores the architecture and interiors of the 50-year period that Wright worked in the West, set against the backdrop of his personal life and the stories behind these structures.

*Ehris Urban  
and Velya Jancz-Urban*



## The Not-So-Good Life of the Colonial Goodwife

**FEBRUARY 28 | Tuesday | 12 - 1:30 p.m. | ZOOM**

Discover what life was really like for New England's colonial women – including discussions about sex, birth control, childbirth, sickness, and medicine. The presentation honors our foremothers. It's not about quilting bees and spinning wheels, rather it's about the little-known issues faced by New England's colonial women. You'll get a glance of history that's not often discussed.

*Dr. Alex Saragoza*



## Borders, Immigration, and the Central Valley: A Historical Perspective

**MARCH 15 | Wednesday | 3- 4:30 p.m.  
Satellite Student Union**

According to the non-partisan Migration Policy Institute (MPI), there are about 170,000 unauthorized immigrants in the core counties of the central valley. The so-called "border crisis" runs through the central valley, not just along the boundary between Mexico and the U.S. Taking a historical perspective, this lecture will explore the origins of the "border crisis" and its manifestations, with particular attention to Fresno and Tulare counties. The presentation will examine the interplay of foreign policies, domestic politics, economic developments, social and cultural considerations, and local conditions that impinge upon the borderlands of the central valley.

# KEYNOTE SPEAKERS



*Police Chief Paco Balderrama*

## Policing in Fresno

**MARCH 22 | Wednesday | 3 - 4:30 p.m. | Satellite Student Union**

In 2020, Fresno welcomed new police Chief Paco Balderrama. He served Oklahoma City for 22 years most recently as Deputy Chief. He also was the Oklahoma City Police Department's public information officer for 10 years. Chief Balderrama will talk about his goals – and challenges – in protecting California's fifth-largest city and about how new models of policing are necessary to meet the needs of a diverse community.

*Lisa Smittcamp*

**NOTE:  
10 A.M.  
START**



## Fentanyl Danger in Fresno County

**APRIL 19 | Wednesday | 10 - 11:30 a.m.  
Satellite Student Union**

Fresno County District Attorney Lisa Smittcamp has declared Fentanyl a public health crisis. Fentanyl is a highly potent and often deadly drug that has worked its way into nearly all street drugs with dire results. DA Smittcamp will discuss Fentanyl, the work law enforcement is doing to curtail deadly overdoses, and the part you can have in your community to save lives.

*Terry McAteer*



## Understanding the Federal Reserve System

**MAY 10 | Wednesday | 1 - 2:30 p.m. | ZOOM**

The chair of the Federal Reserve Board is often described as the second most powerful person in the country. In this lecture, you will understand the history of "The Fed" and the need for the establishment of the Federal Reserve System. We will discuss the extensive powers of "The Fed" in regulating the flow of money and influencing the American and world economies.

# OLLI COURSES

## Putin's Russia

MONDAYS | Jan. 30, Feb. 6, 13, 27, Mar. 6, 13  
1 - 2:30 p.m. | ZOOM

\$60

Presenter: Asya Pereltsvaig



Learn about what makes Russia, its political figures, and its common people tick. We will discuss political, economic, demographic, social, and cultural developments inside Russia, its role in the international arena, and Russia-U.S. relations. We will

also scrutinize the workings of Putin's regime and question what holds him in power for longer than any leader since Stalin. And we will examine individual attitudes and demographic processes that shape Russian society. With rapidly changing events, the course will be news-oriented and will aim to cover the latest developments.

## Buildings That Define American Cities

MONDAYS | Jan. 30, Feb. 6, 13, 27, Mar. 6, 13  
3:30 - 5 p.m. | ZOOM

\$60

Presenter: Eleanor Schrader



Every city has a particular feel about it; defined by its architecture, demographics, geography, climate, and the people and cultures that have shaped the city from its founding to its current status. From historical to contemporary structures, this course explores the iconic structures that identify various

American cities and how they came to be. Discussion of architectural styles and the socio-political context in which these buildings were created lie beneath the developmental time frames in the study of each city included.

## Mindful Photography

THURSDAYS | Feb. 2, 9, 16, 23  
10 - 11:30 a.m. | ED140

\$40

Presenter: Ken McCoy



Mindful Photography is mindfulness applied to and developed through photography. It offers the opportunity for you to develop your ability to be present in the moment with your subject matter, connected to your whole photographic experience, and expand your perspective. We will have weekly photographic assignments and discussions about the images and the

"next level" of visual expression and Interpretation. All camera devices are accepted.

## Current Events - What's Happening

THURSDAYS | Feb. 2, Mar. 2, Apr. 13, May 4  
1 - 2:30 p.m. | ED140 and ZOOM

\$40

Presenter: Lanny Larson



OLLI members share opinions about the news of the day and their concerns about media coverage and learn how others feel about the same subjects and why listening is the key to understanding. Lanny Larson, a retired editor, columnist, and reporter, facilitates our respectful, rant-free discussions.

## German Impacts and Connections in Central California

TUESDAY | Feb. 7

11 a.m. - 12:30 p.m. | ED140 and ZOOM

\$15

Presenter: Amila Becirbegovic



In this course, we will learn about the presence and contribution of German people to California and the United States. We will look into the Volga German population in the Central Valley, their agricultural practices, and economic impacts on the

region and introduce other famous German people in the US. We will also explore Germany's influence on Mexican culture, from music to beer and cheese making.

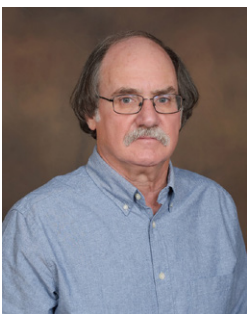
## A Look at Our Solar System's Outer Planets, the Realms of the Gas Giants

TUESDAYS | Feb. 7, 14, 21, 28

2 - 3:30 p.m. | ED140

\$40

Presenter: Larry Parmeter



While the public's main interest in the solar system has been the inner planets, especially Mars, scientists are now turning their attention to the outer planets, the four gas giants, which may help solve the mysteries of how the solar system formed, and its ultimate destiny.

This class will examine Jupiter,

which many astronomers feel is a complete planetary system in itself; Saturn, with its beautiful and enigmatic ring system; Uranus, which NASA recently named as a major target for exploration in the 2030s and 40s; and Neptune, in some ways like Uranus, but very different from it and the other planets as well.

## Google – It's Not Just for Searching Anymore

THURSDAY | Feb. 9

1 - 2:30 p.m. | ZOOM

\$15

Presenter: Kevin Sebesta



Even though 88% of US web searches are on Google, there are dozens of other useful Google tools. Kevin will introduce and discuss many free services available to us in an ever-changing computing world. Learn how to learn more. Learn how to do more.

## Fresno's Pioneer Women of the 1800s

THURSDAY | Feb. 9

3 - 4:30 p.m. | ED140 and ZOOM

\$15

Presenter: Jeannine Raymond



Learn about early Fresno's history through the eyes of the women who lived it. Meet a few of those who left the comforts of the South, the East, or the California coast, to become important contributors to a fledgling community. Entrepreneurs,

researchers, landowners - and some whose state-wide reputations at the time earned them recognition beyond Fresno, yet today they are lost to history. Learn about the hardships they endured as well as their success in shaping life in Fresno County.

## The U.S. Constitution and You

TUESDAYS | Feb. 14, 21, 28

10 - 11:30 a.m. | ZOOM

\$30

Presenter: Greg Ferro

It's amazing. When you think about the United States of America, it is difficult to remember that it is built on a piece of paper. For over 230 years, everything we have been, are now, or will be, is traced to the most sacred government document in America, the United States Constitution.

# OLLI COURSES

## Nurturing Your Garden for Spring and Summer Planting

WEDNESDAYS | Feb. 15, 22  
10 - 11:30 a.m. | ED140

\$20

### Presenter: Calliope Correia

Looking forward to gorgeous tomatoes and a plethora of peppers? What should you do now to nurture your garden space? In our first class, we will cover the basics of composting, plant spacing, soil health, and the goodness that goes into the preparations for future harvests. In the second class, we will talk about varieties to grow - differences between heirlooms and hybrids, what can handle our intense summers, and interplanting with flowers, and will leave plenty of time for questions. A garden is chaos, sometimes controlled, sometimes wild. A garden is as individualized as each of us, but the one thing we all have in common is the way we respond to being nurtured.

## Becoming A Grand Juror

THURSDAY | Feb. 16  
1 - 2:30 p.m. | ED140

\$15

### Presenter: Lanny Larson

All of us are eligible to serve as local government watchdogs as a member of your county's civil grand jury. Before you volunteer, you need to know how grand juries work, what's expected of grand jurors and what local grand juries have accomplished. Former Fresno County Grand Jury Foreperson Lanny Larson provides that information.

## From Witch's Brew to Health Food Store Staple: Exploring Herbal Teas

THURSDAYS | Feb. 16, 23  
3:30 - 5 p.m. | ED140 and ZOOM

\$20

### Presenter: Micheline Golden

Herbal teas have quite a spicy history. Used by midwives and witches, and enjoyed by hippies and health enthusiasts, herbal teas have been around as long as people have known how to boil water. They have been used as medicines and as poisons, or just as a tasty warm drink. We will learn how the teas have been used and then sample some common herbal brews. You will leave with some ideas for creating your own signature herbal tea flavor.

## Behind the Scenes of the U.S. Supreme Court

WEDNESDAY | Feb. 22  
2 - 3:30 p.m. | ZOOM

\$15

### Presenter: Terry McAteer

Have you ever thought... what do Supreme Court Justices do? How do the nine of them get along? What happens behind those closed doors as they decide important cases? How do cases reach the Supreme Court? How do they decide what cases to hear? Through video clips and a bit of lecturing, this class will answer these questions and more and provide you with a much better understanding of the third branch of government.

## The California Voting Rights Act

WEDNESDAY | Mar. 1  
10 - 11:30 a.m. | ED140

\$15

### Presenter: Maggie Melo

The California Voting Rights Act (CVRA) has been responsible for empowering minority voters and diversifying elections to legislative positions throughout local and county governments. This course will discuss the history of the CVRA, some of the major cases that interpret it, and the impact it has had on transforming local government. Lastly, the course will discuss the evolution of voting rights in California and where the CVRA is likely to expand.

## Birth of a Book: Writer's Circle

WEDNESDAYS | Mar. 1, 8, 15, 22, 29  
1 - 2:30 p.m. | ED140

\$50

### Presenter: Armen Bacon



We write to discover the world, to examine the human condition, to process who we are, and then make sense of our own life experiences. You have a story to tell, a book on the verge of being born. Five intimate sessions of writing, sharing, experimenting with storytelling strategies, and finding the right words to craft your unique life story.



## Genocide and Human Rights: Case Studies and Personal Stories

THURSDAYS | Mar. 2, 9, 16, 23, 30, Apr. 13  
10 - 11:30 a.m. | ED140 and ZOOM

\$60

**Presenter: Amila Becirbegovic**

This course offers a comprehensive analysis of historical and visual representations of genocides from the 20th and 21st centuries. We will examine modern genocide case histories through media and memory. The course will focus on atrocity commemoration for each genocidal case, including the Armenian Genocide, the Holocaust, the Rwandan Genocide, and the Bosnian Genocide. In addition to introducing the historical, political, cultural, and economic impacts of each case history, we will also focus on survivor testimony. Stories from a survivor of the 1990s genocide in Bosnia and her journey as a refugee will be shared.

## Understanding Central Valley Religions

FRI. Mar. 3 | 11:30 a.m. - 1 p.m.  
TUES. Mar. 7, THURS. Mar. 9 | 11:15 a.m. - 12:30 p.m.  
ED140 | Saint Paul Newman Center | Masjid Fresno

**Presenter: Ron Orozco**

\$30

Former Fresno Bee reporter Ron Orozco reported on hundreds of places of worship during his time as the newspaper's religion reporter. In this course you'll be introduced to two faiths, first with an in-class instructor overview, followed by onsite visits to learn more. You'll provide your own transportation and meet the instructor at the places of worship. The course seeks to create a better understanding of faith traditions.

## Basics of Gardening

TUESDAYS | Mar. 7, 14, 21, 28  
10 - 11:30 a.m. | ED140 and ZOOM

\$40

**Presenter: Marcia Rosenberg; Master Gardeners**

We will cover the basic information a gardener needs to succeed and you'll learn from the best – local Master Gardeners. Session 1 - soil: preparing, enriching, and managing. Session 2 - propagation: starting plants yourself, including starting plants from seed, cuttings, and division. Session 3 - principles of garden design. Session 4 - teaches irrigation techniques.

OLLI Spring 2023

## This is Sinatra! – Celebrating the Man, His Music, and Cultural Impact

WEDNESDAYS | Mar. 8, 15, 22, 29  
10 - 11:30 a.m. | ZOOM

\$40

**Presenter: Michael Agron**



What made Frank Sinatra the most popular singer and entertainer of the 20th century is a fascinating study of grit and determination that begs to be told. The many difficulties in his personal and professional life over his six-decade career constantly forced him to reinvent himself

multiple times and stay relevant. If you are a Sinatra fan or want to know the backstories of what made Sinatra, this multimedia presentation will highlight his incredible singing on records, movies, television, in Las Vegas, and in concert halls. We will also focus on lesser-known career facts about how he impacted our culture and managed to stay on top of the entertainment world in the 70s, 80s, 90s, and beyond.

## Basic Conversational Portuguese

MONDAYS | Mar. 20, 27, Apr. 3, 10  
10 - 11:30 a.m. | ED140

\$40

**Presenter: Diniz Borges**



This course is designed for those who want to learn introductions, phrases, and vocabulary in Portuguese for traveling and everyday basic conversation. Don't be shy – come have fun and learn some greetings, introductions and descriptions, feelings and

emotions, foods and ordering at a restaurant, family, and travel. The course will also cover basic cultural concepts around these vocabulary and conversational themes.

# OLLI COURSES

## A King is Crowned

THURSDAY | Mar. 30

3:30 - 5 p.m. | ED140 and ZOOM

\$15

### Presenter: Micheline Golden

On May 6, 2023, King Charles III will become the 39th British monarch crowned in Westminster Abbey in London. The coronation will include rituals going back to 1006 and earlier, but also be updated for a 21st-century audience. We will talk about coronation rituals, how the crown jewels are used, current controversy about both, and how this modern coronation is both the same and different from the ancient ceremonies.

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## Stories of the Missions: Historic Churches and Adobes of California, Part II

MONDAYS | Apr. 3, 10, 17, 24

3:30 - 5 p.m. | ZOOM

\$40

### Presenter: Eleanor Schrader

The Spanish Missions represent a unique convergence of the cultures of Spain, Mexico, and Native America, especially in the Southwest and California. Conceived as an expression of Spain's desire to establish a religious foothold in the New World, each culture left its indelible imprint upon the cultural, historical, and geographical development of America. The architecture and history of various missions and adobes will be discussed, and the stories of the lives of the Spanish missionaries and the local Mexican and Native American people will be explored.

## Chemistry of You

TUESDAYS | Apr. 4, 11, 18, 25

12 - 1:30 p.m. | ZOOM

\$40

### Presenter: Dr. Kjir Hendrickson



Come explore the chemistry that takes place inside your body. Forget smelling formalin as you crouched over a fetal pig in high school biology, forget the mind-numbing memorization of cellular structures and functions; the chemistry of the human body is a trip down the rabbit

hole to Wonderland, more beautiful and amazing than you could ever have imagined. As we study muscle contractions, hormones, the chemistry of pain, the information we get from the way other people smell, and more, we will gain a new appreciation for the awesome machine we inhabit.

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## Fall in Love with Your Garden

WEDNESDAYS | Apr. 5, 12

10 - 11:30 a.m. | ED140

\$20

### Presenter: Calliope Correia

Is it crazy to fall in love with your garden? What if we engaged all our senses in the garden, what would it tell us? What would we feel? What if we look beyond the harvest and listen to the garden on a deeper level? Can snails teach us to love? We often miss many lessons about what the garden offers us. In the first class, we will talk about engaging our whole self in the garden, to embrace the natural world as a part of us. To feel the emotions, the wildness as a part of the experience of our own beings as an intricate piece of nature. In the second class, we will talk about plants and nature as healing beings and the ways we interact. The intent is to deepen the love for the garden and the unique space that is created between people and plants.

## The Four Understandings You Need to Get the Health Care You Want

WEDNESDAYS | Apr. 5, 12, 19, 26  
1 - 2:30 p.m. | ED140

\$40

### Presenter: Ramon Neufeld

Learn what you need to know and understand as you seek the health care you want and need. Session 1 provides an overview of the healthcare "system" and Medicare. Session 2 takes a deeper dive into clinical care and how it is delivered to the patient. Session 3 covers preventive medicine and aspects of healthy aging. Session 4 provides a framework for being proactive and responsible for health care plans and decisions related to your health care.

## Crime Scene Science

THURSDAYS | Apr. 6, 13, 20, 27  
3 - 4:30 p.m. | ZOOM

\$40

### Presenter: Kimberly Kobjek



C.S.I., NCIS, Law & Order, and other shows like them are fascinating to watch and allow the viewer to experience what it's like to be part of a forensic investigation. But does television portray what forensic science really is? Join a real-life forensic scientist for the insider's view on what really happens from the crime scene to court.

## Philosophical Explorations of Hope

TUESDAYS | Apr. 18, 25, May 2, 9  
3 - 4:30 p.m. | ED140

\$40

### Presenter: Dr. Andy Fiala



Dr. Fiala will lead participants through a critical discussion of hope. What is hope exactly? How does hope function in the lives of individuals and in political thought and action? Is hope utopian or overly optimistic? Dr. Fiala will present thinking about hope from the

history of philosophy and religion. And he will share insights gleaned from a new book he is editing, "Peace and Hope in Dark Times."

## Building Community with Fun and Games

THURSDAYS | Apr. 20, 27, May 4, 11  
10 - 11:30 a.m. | ED140

\$40

### Presenter: Calvin Hoff

Learning through play is what comes naturally to us, at least when we are children. Here's your chance to join in non-competitive group games and acting exercises with an emphasis on fun. Laughter is often said to be the best medicine, so you could consider this as a course for better health. While we're at it, we will build trust in relationships that create a sense of belonging that is often difficult to come by. Using theatre games and improvisational comedy exercises, you'll enjoy a safe space to play together. This is

## A Swiftly Warming Planet

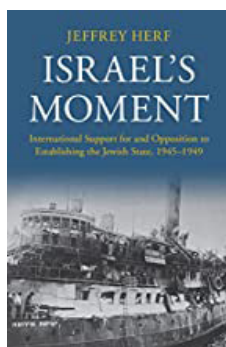
TUESDAYS | May 2, 9  
12 - 1:30 p.m. | ZOOM

\$20

### Presenter: Dr. Kjir Hendrickson

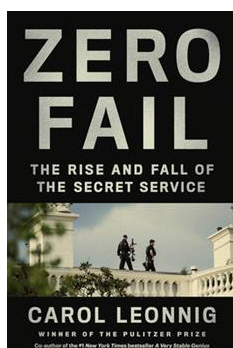
It's patently obvious that our planet's climate is changing rapidly, but what sorts of effects is that having on us and the other inhabitants of Earth, and what does the future likely hold? More fundamentally, what causes climate change, how do scientists study it, and what evidence allows the scientific community to be so sure that present trends are the result of human activity? Critically, what can we do to mitigate the extent (and impact) of climate change? This short course on all things climate change will address these and other questions many people have regarding the state of our planet.

▶ **FRIDAY, FEBRUARY 3**  
**Israel's Moment:**  
*by Jeffrey Herf*



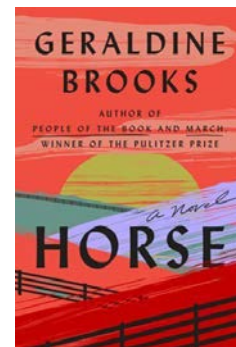
Israel's Moment is a major new account of how a Jewish state came to be forged in the shadow of World War Two and the Holocaust and the onset of the Cold War. Drawing on new research in government, public and private archives, Jeffrey Herf exposes the political realities that underpinned support for and opposition to Zionist aspirations in Palestine. In an unprecedented international account, he explores the role of the United States, the Arab States, the Palestine Arabs, the Zionists, and key European governments from Britain and France to the Soviet Union, Czechoslovakia, and Poland. His findings reveal a spectrum of support and opposition that stood in sharp contrast to the political coordinates that emerged during the Cold War, shedding new light on how and why the state of Israel was established in 1948 and challenging conventional associations of left and right, imperialism and anti-imperialism, and racism and anti-racism.

▶ **FRIDAY, MARCH 3**  
**Zero Fail: The Rise and Fall of the Secret Service**  
*by Carol Leoning*



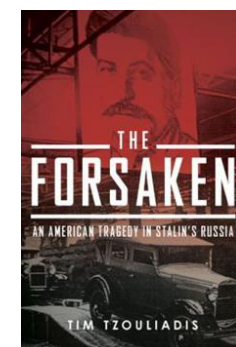
The Secret Service was born in 1865, in the wake of the assassination of Abraham Lincoln, but its story begins in 1963, with the death of John F. Kennedy. Shocked into reform by its failure to protect the president on that fateful day in Dallas, this once-sleepy agency was radically transformed into an elite, highly trained unit that would redeem itself several times, most famously in 1981 by thwarting an assassination attempt against Ronald Reagan. But this reputation for courage and excellence would not last forever. By Barack Obama's presidency, the once-proud Secret Service was running on fumes and beset by mistakes and alarming lapses in judgment: break-ins at the White House, an armed gunman firing into the windows of the residence while confused agents stood by, and a massive prostitution scandal among agents in Cartagena, to name just a few. With Donald Trump's arrival, a series of promised reforms were cast aside, as a president disdainful of public service instead abused the Secret Service to rack up political and personal gains.

▶ **FRIDAY, APRIL 7**  
**Horse**  
*by Geraldine Brooks*



Kentucky, 1850. An enslaved groom named Jarret and a bay foal forge a bond of understanding that will carry the horse to record-setting victories across the South. When the nation erupts in civil war, an itinerant young artist who has made his name on paintings of the racehorse takes up arms for the Union. On a perilous night, he reunites with the stallion and his groom, very far from the glamor of any racetrack. New York City, 1954. Martha Jackson, a gallery owner celebrated for taking risks on edgy contemporary painters, becomes obsessed with a nineteenth-century equestrian oil painting of mysterious provenance. Washington, DC, 2019. Jess, a Smithsonian scientist from Australia, and Theo, a Nigerian-American art historian, find themselves unexpectedly connected through their shared interest in the horse—one studying the stallion's bones for clues to his power and endurance, the other uncovering the lost history of the unsung Black horsemen who were critical to his racing success. The story is based on the remarkable true story of the record-breaking thoroughbred Lexington.

▶ **FRIDAY, MAY 5**  
**The Forsaken**  
*by Tim Tzoulidas*



Of all the great movements of population to and from the United States, the least heralded is the migration, in the depths of the Depression of the 1930s, of thousands of men, women and children to Stalin's Russia. Where capitalism had failed them, Communism promised dignity for the working man, racial equality, and honest labor. What in fact awaited them, however, was the most monstrous betrayal. In a remarkable piece of historical investigation that spans seven decades of political change, The author follows these thousands from Pittsburgh and Detroit and Los Angeles, as their numbers dwindle on their epic and terrible journey. His account exposes the self-serving American diplomats who refused their countrymen sanctuary, it analyses international relations and economic causes but also finds space to retrieve individual acts of kindness and self-sacrifice.

## Cooking Lessons Presented by Hillori Hansen

### Asian Gourmet

**FEBRUARY 24 | Friday | 11 - 12:30 p.m. | ZOOM**

**Price:** \$10 per person

- ▶ Bang Bang Shrimp
- ▶ Ginger Garlic Cucumber Salad (spice is optional)
- ▶ Pot sticker Stir-fry Tacos
- ▶ Black Sesame Ice Cream with Raspberry Swirl

### Hawaiian Style Grinds

**MARCH 10 | Friday | 11 - 12:30 p.m. | ZOOM**

**Price:** \$10 per person

- ▶ Slow Braised Shredded Kahlua Pork and Sticky Rice
- ▶ Mango Pineapple Slaw
- ▶ Ginger Molasses Cupcakes with Lilikoi Buttercream (Passion Fruit)

### Gluten Free Italian

**APRIL 14 | Friday | 11 - 12:30 p.m. | ZOOM**

**Price:** \$10 per person

- ▶ Homemade Gluten Free Pizza with Caramelized Onion, Fig, and Arugula
- ▶ Fennel and Orange Salad with Parmesan and Toasted Pine Nuts
- ▶ Lemon Ricotta Cake with Mascarpone Whipped Cream

### Cinco De Mayo Celebration

**MAY 5 | Friday | 11 - 12:30 p.m. | ZOOM**

**Price:** \$10 per person

- ▶ Cotton Candy Aqua Fresca
- ▶ Tacos De Papa with Cumin Sauce (Crispy Potato Tacos)
- ▶ Green Chili Spanish Rice
- ▶ Black Bean and Red Kidney Bean Soup with Zesty Lime Crema

## From the Earth to the Universe

**MARCH 23 | Thursday | 4 - 5 p.m.**

- ▶ **Price:** \$10
- ▶ **Location:** Downing Planetarium at Fresno State

The night sky, both beautiful and mysterious, has been the subject of campfire stories, ancient myths and awe for as long as there have been people. A desire to comprehend the Universe may well be humanity's oldest shared intellectual experience. Yet only recently have we truly begun to grasp our place in the vast cosmos. To learn about this journey of celestial discovery, from the theories of the ancient Greek astronomers to today's grandest telescopes, we invite you to experience From Earth to the Universe.

## Korean Spirit - Lotus Flower Lantern Craft Workshop

**MAY 3 | Wednesday | 10 - 11:30 a.m.**

- ▶ **Price:** \$15 includes materials
- ▶ **Presenter:** The Korean Spirit Culture Promotion Project
- ▶ **Location:** ED140

The Korean Spirit and Culture Promotion Project presents a virtual lotus flower lantern craft workshop. You will learn how to make a lotus flower lantern, with step-by-step instructions. All materials will be provided and to order those materials, enrollment will end three weeks before the class.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23	24	25	26	27
30 1 PM Putin's Russia 3:30 PM Buildings in America	31	1 1 PM Western Works of Frank Wright	2 10 AM Mindful Photography 1 PM Current Events	3 9:30 AM Book Club
6 1 PM Putin's Russia 3:30 PM Buildings in America	7 11 AM German Impacts 2 PM Our Solar System	8	9 10 AM Mindful Photography 1 PM Google Course 3 PM Fresno's Pioneer Women	10
13 1 PM Putin's Russia 3:30 PM Buildings in America	14 10 AM U.S. Constitution and You 2 PM Our Solar System	15 10 AM Nurturing Your Garden	16 10 AM Mindful Photography 1 PM Grand Jury 3:30 Exploring Herbal Teas	17
20 <b>PRESIDENTS DAY</b>	21 10 AM U.S. Constitution and You 2 PM Our Solar System	22 10 AM Nurturing Your Garden 2 PM U.S. Supreme Court	23 10 AM Mindful Photography 3:30 PM Exploring Herbal Teas	24 11 AM Cooking with Hillori Hansen Asian Gourmet
27 1 PM Putin's Russia 3:30 PM Buildings in America	28 10 AM U.S. Constitution and You 12 PM The Not-So-Good Life of the Colonial Goodwife			

Please invite your friends and neighbors to join OLLI.  
The more members we have, the more courses we can offer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 10 AM California Voting Rights Act 1 PM Birth of a Book	<b>2</b> 10 AM Genocide and Human Rights 1 PM Current Events	<b>3</b> 9:30 AM Book Club 11:30 AM Central Valley Religions
<b>6</b> 1 PM Putin's Russia 3:30 PM Buildings in America	<b>7</b> 10 AM Basics of Gardening 11:15 AM Central Valley Religions	<b>8</b> 10 AM This is Sinatra 1 PM Birth of a Book	<b>9</b> 10 AM Genocide and Human Rights 11:15 AM Central Valley Religions	<b>10</b> 11 AM Cooking with Hillori Hansen Hawaiian Style Grinds
<b>13</b> 1 PM Putin's Russia 3:30 PM Buildings in America	<b>14</b> 10 AM Basics of Gardening	<b>15</b> 10 AM This is Sinatra 1 PM Birth of a Book 3 PM Borders, Immigration, and the Central Valley	<b>16</b> 10 AM Genocide and Human Rights	<b>17</b>
<b>20</b> 10 AM Conversational Portuguese	<b>21</b> 10 AM Basics of Gardening	<b>22</b> 10 AM This is Sinatra 1 PM Birth of a Book 3 PM Policing in Fresno	<b>23</b> 10 AM Genocide and Human Rights 4 PM From Earth to the Universe	<b>24</b>
<b>27</b> 10 AM Conversational Portuguese	<b>28</b> 10 AM Basics of Gardening	<b>29</b> 10 AM This is Sinatra 1 PM Birth of a Book	<b>30</b> 10 AM Genocide and Human Rights 3:30 PM A King is Crowned	<b>31</b> CESAR CHAVEZ DAY CAMPUS CLOSED



### TEACH FOR OLLI:

Share your expertise with our OLLI members who are interested in a wide variety of topics. Teach about your interests, expertise or talents! We will support you in teaching online for OLLI in person or via ZOOM.

Download and complete the Course Proposal Form at: [www.fresnostate.edu/cge/olli](http://www.fresnostate.edu/cge/olli).

For more information please call 559.278.0008.



### THE BERNARD OSHER FOUNDATION

Supported by the Bernard Osher Foundation, our OLLI is a vibrant learning community offering a rich array of lectures, short courses, and adventures of particular interest to retired or semi-retired adults.

Lifelong learning enriches your mind and will nourish your curious spirit as you embark on a discovery of topics you've always wanted to learn about.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> 10 AM Conversational Portuguese 3:30 PM Stories of the Missions, Part II	<b>4</b> 12 PM Chemistry of You	<b>5</b> 10 AM Fall in Love with Your Garden 1 PM Get the Health Care You Want	<b>6</b> 3 PM Crime Scene Science	<b>7</b> 9:30 AM Book Club
<b>10</b> 10 AM Conversational Portuguese 3:30 PM Stories of the Missions, Part II	<b>11</b> 12 PM Chemistry of You	<b>12</b> 10 AM Fall in Love with Your Garden 1 PM Get the Health Care You Want	<b>13</b> 10 AM Genocide and Human Rights 1 PM Current Events 3 PM Crime Scene Science	<b>14</b> 11 AM Cooking with Hillori Hansen Gluten Free Italian
<b>17</b> 3:30 PM Stories of the Missions, Part II	<b>18</b> 12 PM Chemistry of You 3 PM Philosophical Explorations of Hope	<b>19</b> 10 AM Fentanyl Danger in Fresno County 1 PM Get the Health Care You Want	<b>20</b> 10 AM Building Community with Fun and Games 3 PM Crime Scene Science	<b>21</b>
<b>24</b> 3:30 PM Stories of the Missions, Part II	<b>25</b> 12 PM Chemistry of You 3 PM Philosophical Explorations of Hope	<b>26</b> 1 PM Get the Health Care You Want	<b>27</b> 10 AM Building Community with Fun and Games 3 PM Crime Scene Science	<b>28</b>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b> 12 PM A Swiftly Warming Planet 3 PM Philosophical Explorations of Hope	<b>3</b> 10 AM Lantern Workshop	<b>4</b> 10 AM Building Community with Fun and Games 1 PM Current Events	<b>5</b> 9:30 AM Book Club 11 AM Cooking with Hillori Hansen Cinco De Mayo
<b>8</b>	<b>9</b> 12 PM A Swiftly Warming Planet 3 PM Philosophical Explorations of Hope	<b>10</b> 1 PM Understanding the Federal Reserve System	<b>11</b> 10 AM Building Community with Fun and Games	<b>12</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>





# OLLI Registration Form

# SPRING 2023

- New Member
- Returning Member

▶ **Register online at:**  
[www.fresnostate.edu/olli](http://www.fresnostate.edu/olli)  
**It's quick, safe and easy to register online!**

## Member Information

Name(s) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

If retired, what was your occupation? \_\_\_\_\_

Are you a Fresno State Alumna/us?  Yes  No Year of graduation \_\_\_\_\_ Degree \_\_\_\_\_

Your Age Group  50-60  61-70  71-80  81-90  90+  Other \_\_\_\_\_

## How did you hear about the Fresno State OLLI?

Previously a member  Friend  Newspaper  Catalog  Online  Other: \_\_\_\_\_

## SPRING 2023 Selections

Membership Fee \$40 \_\_\_\_\_ x \$40 \$ \_\_\_\_\_

Total for OLLI Courses (from side 2) \$ \_\_\_\_\_

Total for Book Club (from side 2) \$ \_\_\_\_\_

Total for Adventures (from side 2) \$ \_\_\_\_\_

Any Additional Gift to OLLI \$ \_\_\_\_\_

**TOTAL DUE** \$ \_\_\_\_\_

**Check here to request a parking pass**

*OLLI Members and friends of the Osher Institute are encouraged to consider making a tax deductible gift to the Osher Lifelong Learning Institute. Yours is a gift of learning that helps us continue to provide excellent lifelong learning opportunities and to keep OLLI fees affordable.*

## PAYMENT

We accept checks or money orders made payable to  
**FRESNO STATE FOUNDATION**

**We cannot accept any registrations by phone.**

**Please return this form and payment to:**

Fresno State OLLI  
5005 N. Maple Avenue M/S ED76  
Fresno, CA 93740-8025

**Questions?** 559.278.0008  
osher@csufresno.edu

**Credit Cards:** If you are paying by credit card, please complete the form below. This information will be destroyed after registration is processed.

Card Type  Visa  MasterCard  AmEx

Name on card \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Security Code \_\_\_\_\_

# OLLI Courses

Available only to current members

Select	Start	Course	Fee	Total
	1/30	<b>Putin's Russia</b>	\$60	
	1/30	<b>Buildings in America</b>	\$60	
	2/2	<b>Mindful Photography</b>	\$40	
	2/2	<b>Current Events IN PERSON</b>	\$40	
	2/2	<b>Current Events ZOOM</b>	\$40	
	2/7	<b>German Impacts IN PERSON</b>	\$15	
	2/7	<b>German Impacts ZOOM</b>	\$15	
	2/7	<b>Solar System Outer Planets</b>	\$40	
	2/9	<b>Google Not Just for Searching</b>	\$15	
	2/9	<b>Fresno's Pioneer Women IN PERSON</b>	\$15	
	2/9	<b>Fresno's Pioneer Women ZOOM</b>	\$15	
	2/14	<b>The U.S. Constitution and YOU</b>	\$30	
	2/15	<b>Nurturing Your Garden</b>	\$20	
	2/16	<b>Becoming a Grand Juror</b>	\$15	
	2/16	<b>Exploring Herbal Tea IN PERSON</b>	\$20	
	2/16	<b>Exploring Herbal Tea ZOOM</b>	\$20	
	2/22	<b>U.S. Supreme Court</b>	\$15	
	3/1	<b>The California Voting Rights Act</b>	\$15	
	3/1	<b>Birth of a Book: Writer's Circle</b>	\$50	
	3/2	<b>Genocide, Human Rights IN PERSON</b>	\$60	
	3/2	<b>Genocide, Human Rights ZOOM</b>	\$60	
	3/3	<b>Understanding Central Valley Religions</b>	\$30	
	3/7	<b>Basics of Gardening IN PERSON</b>	\$40	
	3/7	<b>Basics of Gardening ZOOM</b>	\$40	
	3/8	<b>This is Sinatra!</b>	\$40	
	3/20	<b>Basic Conversational Portuguese</b>	\$40	
	3/30	<b>A King is Crowned IN PERSON</b>	\$15	
	3/30	<b>A King is Crowned ZOOM</b>	\$15	
	4/3	<b>Stories of the Missions</b>	\$40	
	4/4	<b>Chemistry of YOU</b>	\$40	
	4/5	<b>Fall in Love with Your Garden</b>	\$20	
	4/5	<b>Get the Healthcare You Want</b>	\$40	
	4/6	<b>Crime Scene Science</b>	\$40	
	4/18	<b>Explorations of Hope</b>	\$40	
	4/20	<b>Building Community with Fun &amp; Games</b>	\$40	
	5/2	<b>A Swiftly Warming Planet</b>	\$20	

By participating in online OLLI offerings, when you register you agree that you grant permission for your name and likeness to be visible to OLLI staff, other members and the instructor - just like when you attend offerings in person.

**TOTALS:**

COURSES \$ \_\_\_\_\_ BOOK CLUB \$ \_\_\_\_\_ ACTIVITIES \$ \_\_\_\_\_

# Color Codes

Please note the color coding of each course, keynote talk, activity and book club on this registration form to determine whether it is offered in person only, online via Zoom only, or via a hybrid of both. If the item is offered as a hybrid, please register for either the in person option OR Zoom option.

**BLUE = IN PERSON**      **RED = ZOOM**  
**GREEN = HYBRID**

# Keynote Talks

Included with membership; call OLLI office for guest pass (one per member per semester).

- \_\_\_\_\_ 2/1 **Frank Lloyd Wright**
- \_\_\_\_\_ 2/28 **The Colonial Goodwife**
- \_\_\_\_\_ 3/15 **Borders, Immigration**
- \_\_\_\_\_ 3/22 **Policing in Fresno**
- \_\_\_\_\_ 4/19 **Fentanyl Danger**
- \_\_\_\_\_ 5/10 **Federal Reserve**

# Adventures

Available only to current members.

- | Date | Activity                               |
|------|--|
| 2/24 | <b>Cooking - Asian Gourmet</b>         |
|      | _____ \$10/Member \$_____ Total        |
| 3/10 | <b>Cooking - Hawaiian Style Grinds</b> |
|      | _____ \$10/Member \$_____ Total        |
| 3/23 | <b>From Earth to the Universe</b>      |
|      | _____ \$10/Member \$_____ Total        |
| 4/14 | <b>Cooking - Gluten Free Italian</b>   |
|      | _____ \$10/Member \$_____ Total        |
| 5/3  | <b>Lotus Flower Lantern Workshop</b>   |
|      | _____ \$15/Member \$_____ Total        |
| 5/5  | <b>Cooking - Cinco De Mayo</b>         |
|      | _____ \$10/Member \$_____ Total        |

# Book Club

Available only to current members.

- |     |                        |                   |
|-----|------------------------|-------------------|
| 2/3 | _____ <b>IN PERSON</b> | _____ <b>ZOOM</b> |
| 3/3 | _____ <b>IN PERSON</b> | _____ <b>ZOOM</b> |
| 4/7 | _____ <b>IN PERSON</b> | _____ <b>ZOOM</b> |
| 5/5 | _____ <b>IN PERSON</b> | _____ <b>ZOOM</b> |
|     | _____ \$15/Member      | \$_____ Total     |



# Leaving a **BOLD** Legacy

## **Did you know that you can leave a future gift to the Osher Lifelong Learning Institute?**

Make a bold statement by remembering Fresno State's Osher Lifelong Learning Institute through your will, trust, retirement plans or life income gift. The office of Planned Giving can help you identify creative giving strategies that provide for you and your loved ones, while also leaving a legacy that will bring new resources for a future of living inspired.

[fresnostate.giftlegacy.com](https://fresnostate.giftlegacy.com)

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Continuing and Global Education

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5005 N. Maple Avenue M/S ED76  
Fresno, CA 93740-8025

**CHANGE SERVICE REQUESTED**



## **OLLI Advisory Council**

<b>Nancy Busch</b>	<b>Judy MacDonald</b>
<b>Dawn Diestelkamp</b>	<b>MaryEllen Ogle</b>
<b>Alcidia Freitas Gomes</b>	<b>Lois Rigsbee</b>
<b>Nancy Kast</b>	<b>Valerie Vuicich</b>
<b>Lanny Larson</b>	<b>Jim Wilson</b>

**Scott Moore, PhD**  
**Dean, Continuing and Global Education**

**Rikki Alvarez**  
**Program Manager**

**559.278.0008**  
**email: [osher@csufresno.edu](mailto:osher@csufresno.edu)**  
**[www.fresnostate.edu/olli](http://www.fresnostate.edu/olli)**

*Live Inspired!*